

The Fire Within

Compte: 48

Mur: 4

Niveau: Intermediate

Chorégraphe: Bob Bonett (USA)

Musique: The World's Greatest - R. Kelly



Inspired by and dedicated to the worlds Olympians; all of them champions.

STEP FORWARD WITH BUMPS, STEP PIVOT ½ SHUFFLE FORWARD

- 1&2 Step forward on left bump hips left right left
- 3&4 Step forward on right bump hips right left right
- 5-6 Step forward on left pivot ½ turn to right (weight on right)
- 7&8 Shuffle forward left right left

ROCK & CROSS, ROCK & CROSS, SHUFFLE BACK DIAGONAL, SHUFFLE BACK DIAGONAL

- 9&10 Rock to right, recover on left, cross right over left
- 11&12 Rock to left recover on right, cross left over right
- 13&14 Shuffle diagonally back right left right
- 15&16 Shuffle diagonally back left right left

SKATE RIGHT WITH SHUFFLES, SKATE LEFT WITH SHUFFLES

- 17-18 Skate diagonally forward to right on right, skate diagonally forward to left on left
- 19&20 Shuffle diagonally forward to right (right, left, right)
- 21-22 Skate diagonally forward to left on left, skate diagonally forward to right on right
- 23&24 Shuffle diagonally forward to left (left, right, left)

ROCK RECOVER ½ TURN SHUFFLE, ROCK RECOVER ½ TURN SHUFFLE

- 25-26 Rock forward on right recover on left
- 27&28 ½ turn shuffle right left right
- 29-30 Rock forward on left recover on right
- 31&32 ½ turn shuffle left right left

CROSS ROCK STEP, CROSS ROCK STEP, HEEL JACK, HEEL JACK

- 33&34 Rock right over left, recover on left, step right to side
- 35&36 Rock left over right, recover on right, step left to side
- &37&38 Step back on right, touch left heel forward, step left next to right, step right next to left
- &39&40 Step back on left touch right heel forward, step right next to left step left next to right

STEP ½ PIVOT, ¼ TURN SHUFFLE, SYNCOPATED WEAVE, SIDE SHUFFLE

- 41-42 Step forward on right, pivot ½ to left (weight on left)
- 43&44 Step forward right with ¼ turn side shuffle
- 45&46 Step left behind right step right to side, cross left over right
- 47&48 Side shuffle to right (right, left, right)

REPEAT