

Fifteen Seconds

Compte: 32

Mur: 4

Niveau: Intermediate



Chorégraphe: Carol Mckee (AUS)

Musique: Fifteen Seconds - Roger Brown & Swing City

STOMP FORWARD, FAN, STOMP FORWARD, FAN, STOMP DROP HEEL, TOE DROP HEEL

- 1&2& Stomp right forward toe facing in, fan toe out, fan toe in, fan toe out
- 3&4& Stomp left forward toe facing in, fan toe out, fan toe in, fan toe out
- 5& Stomp right forward 45 degrees lifting left heel at same time, drop left heel
- 6& Step right toe behind left lifting left heel at same time, drop left heel
- 7& Stomp right forward 45 degrees lifting left heel at same time, drop left heel
- 8& Step right toe behind left lifting left heel at same time, drop left heel

ROCK STEP CROSS, SIDE TOGETHER SIDE, SIDE TOGETHER SIDE, TRIPLE STEP full turn RIGHT

- 9&10 Rock right on right toe, step on left, cross right over left
- 11&12 Step left to left, slide right to left, step left to left
- 13&14 Step right to right, slide left to right, step right to right
- 15&16 Triple step on the spot turning full turn right (full turn)

BEHIND & CROSS, COASTER, SHUFFLE, HEEL & TOE

- 17&18 Cross right behind left, step left to left, step right across left
- 19&20 Step back left, step back right together, step forward left
- 21&22 Shuffle forward right -left -right
- &23&24 Step back left, touch right heel forward 45 degrees, step right over left, touch left toe behind right (travel left)

HEEL & TOE, HEEL & TOE, STOMPS, SIDE TOGETHER SIDE, TRIPLE STEP ¾ turn RIGHT

- &25&26 Step back left, touch right heel forward 45 degrees, step right over left, touch left toe behind right (travel left)
- &27&28 Step back left, touch right heel forward, stomp right, stomp left
- 29&30 Step right to right, slide left to right, step right to right
- 31&32 Triple step on spot turning ¾ turn right (¾ turn)

REPEAT

TAG

At the end of the 6th time through dance, start after 2nd bracket of instrumentals

- 1-4 Stomp right forward 45 degrees, hold 3 beats
- 5- Stomp left forward 45 degrees, hold 3 beats

- 1-4 Stomp right forward 45 degrees, hold 3 beats
- 5& Stomp left, scuff right forward lifting left heel at same time
- 6& Drop left heel, touch right heel forward lifting right foot at same time, lifting left heel at same time
- 7& Drop left heel, stomp right
- 8 Stomp left