

**Compte:** 64**Mur:** 4**Niveau:** Intermediate**Chorégraphe:** Dougie D (UK)**Musique:** Your Free - Altranate**RIGHT KICKBALL CHANGE, ROCK FORWARD, ROCK BACK, SHUFFLE ½ TURN LEFT**

- 1&2 Kick right leg forward, step right beside left, step left in place
- 3-4 Rock forward on right, recover on left
- 5-6 Rock back on right, recover on left
- 7&8 Shuffle ½ turn left,: right, left, right

**BACK ROCK, FORWARD SHUFFLE, ¼ TURN RIGHT, SAILOR STEP WITH ¼ TURN RIGHT**

- 1-2 Rock back on left, recover on right
- 3&4 Shuffle forward, left, right, left
- 5-6 Step forward on right with ¼ turn right, step left beside right
- 7&8 Cross right behind left, step left beside right with ¼ turn right, step right in place

**STEP FORWARD ON LEFT, HOLD, STEP RIGHT BEHIND LEFT, X2STEP FORWARD ON LEFT, STEP FORWARD ON RIGHT, SWIVEL ½ TURN LEFT**

- 1-2& Step forward on left, hold for 1 count, step right behind left
- 3-4& Step forward on left, hold for 1 count, step right behind left
- 5-6 Step forward on left, step forward on right
- 7-8 Swivel ½ turn left on balls of both feet, tap right beside left

**FORWARD SHUFFLE TWICE, STEP FORWARD, ½ TURN LEFT, SHUFFLE FORWARD**

- 1&2 Shuffle forward right, left, right
- 3&4 Shuffle forward left right, left
- 5-6 Step forward on right, swivel ½ turn left on balls of both feet
- 7&8 Shuffle forward, right, left, right.

**SIDE ROCK, CROSS SHUFFLE TWICE**

- 1-2 Rock left out to left side, recover on right
- 3&4 Cross shuffle to right; left, right, left
- 5-6 Rock right out to right side, recover on left
- 7&8 Cross shuffle to left; right, left, right

**STEP LEFT WITH ¼ TURN RIGHT, FRONT KICK WITH SAILOR STEP, FRONT AND DIAGONAL KICKS WITH SAILOR STEP**

- 1-2 Step left to left side with ¼ turn right, kick right leg forward
- 3&4 Cross right behind left, step left beside right, step right in place
- 5-6 Kick left leg forward, kick left leg diagonally forward
- 7&8 Cross left behind right, step right beside, left, step left in place

**FORWARD SHUFFLE, SHUFFLE ½ TURN RIGHT, BACK ROCK, FULL TURN LEFT**

- 1&2 Shuffle forward, right, left, right
- 3&4 Shuffle ½ turn right; left, right, left
- 5-6 Rock back on right, recover on left
- 7-8 Step forward on right with ½ turn left, step back on left with ½ turn left

**FORWARD ROCK ON RIGHT, RIGHT COASTER STEP, FORWARD ROCK ON LEFT STEP BACK AND TAP**

- 1-2 Rock forward on right, recover on left

3&4	Step back on right, step left beside right, step forward on right
5-6	Rock forward on left, recover on right
7-8	Step back on left, tap right beside left

**REPEAT**

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