

Freacking Cool

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Giovanni Coenmans & Raymond Sarlemijn (NL)

Musique: Love - Prince



WALK FORWARD, HOLD, WALK FORWARD HOLD, TURN ¼ RIGHT, TURN HEAD AND BACK

- 1 Step forward on right foot
- 2 Hold
- 3 Step forward on left foot
- 4 Hold
- 5 Touch right foot next left foot
- 6 Turn ¼ right but keep your head to 12:00
- 7 Turn head ¼ right (15:00 o clock)
- 8 Turn head back ¼ to left (12:00)

STEP FORWARD, HITCH, TOUCH BACKWARDS, TURN ¼ LEFT, KNEES IN AND OUT, KNEES IN AND OUT STAND ON HEELS

- 1 Step forward on right foot, while doing this turn head ¼ over right same way the foot is going
- 2 Hitch up left knee
- 3 Touch left foot backwards
- 4 Turn ¼ over left
- 5 Turn right knee in
- & Turn right knee back to normal
- 6 Turn left knee in
- & Turn left knee back to normal
- 7 Turn both knees in to each other
- & Turn knees back to normal and stand on both heels
- 8 Lower your toes and stand normal

STEP BACK, STEP BACK, COASTER STEP, HITCH, HITCH, TURN ½ OVER LEFT

- 1 Step backwards on right foot
- 2 Step backwards on left foot
- 3&4 Make coaster step start with right foot, left foot, right foot
- 5 Hitch left knee up to the front
- & Lower the left knee
- 6 Hitch left knee up to the side, (10:30) but the body stays to the front
- 7 Cross left foot backwards right foot
- 8 Turn ½ over left

STEP TO RIGHT, POINT BACKWARDS, STEP TO LEFT, POINT FORWARD, TOUCH, TURN, BOUNCE

- 1 Step out on right foot to right
- 2 Point left foot backwards right foot
- 3 Step out on left foot to left
- 4 Point right foot in front left foot
- 5 Point right foot to right
- 6 Turn ¼ over right, keep weight on left foot
- 7 Put left foot next to right foot, while doing this start bouncing your upper body
- && Bounce upper body

REPEAT

