

# 4 My People

**Compte:** 32

**Mur:** 4

**Niveau:** Intermediate



**Chorégraphe:** Martin Simon (UK)

**Musique:** 4 My People - Missy Elliot

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- 1&2 Step back right, step left beside right, step forward right  
3-4 Sweep left foot round in front of right, sweep right foot round in front of left  
5&6 Step left foot forward, step right foot beside, step left foot forward  
7-8 Scuff right foot and swivel  $\frac{1}{2}$  turn over left shoulder on left foot, step right foot beside left
- 1-2 Step left toe back, point right beside left  
3-4 Step right foot forward, flick left foot behind right while swiveling right foot  $\frac{1}{4}$  right  
5-6 Skate left foot forward, skate right foot forward  
7&8 Step left foot forward, step right foot beside left, step left foot forward
- 1-2 Touch right toe to right side,  $\frac{3}{4}$  to right  
3&4 Rock left to right side, rock onto right, cross step left over right step right foot to right side  
6-8 Body roll forward (or roll hips round)
- 1&2 Step right foot back, step left foot back, hip bump to right  
3-4 Hip bump to left, hip bump to right  
5&6 Transfer weight to left foot, point right foot beside left, make a  $\frac{1}{4}$  turn left by flicking right foot behind and swiveling  $\frac{1}{4}$  turn on left foot  
7 Step right foot forward  
8 Clap hands

**REPEAT**

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