

# 455 Rocket

Compte: 54

Mur: 0

Niveau:

Chorégraphe: Kathy Sharpe (USA)

Musique: 455 Rocket - Kathy Mattea



**Position:** Couples begin in closed position, leads facing outside circle, follows facing inside circle, follows begin on right foot, leads stepping on left foot

## **BASIC EAST COAST SWING PATTERN IN CLOSED POSITION**

- 1-6 Basic east coast swing pattern in closed position
- 1&2 Triple step
- 3&4 Triple step
- 5-6 Step back on free foot and rock forward onto free foot

## **FREE TURNS, ROCK STEP**

- 1&2 Triple step in place
- 3&4 Follows turn full turn right and leads turn full turn left
- 5-6 Rock step joining follow's right hand in lead's left

## **¼ TURN TO REVERSE LINE OF DANCE, TRIPLE STEP, ROCK STEP**

- 1&2 Follows ¼ turn left and leads ¼ turn right
- 3&4 Triple step moving slightly back
- 5-6 Rock step maintaining hand hold

## **TRIPLE STEP FORWARD, ½ TURN TO FORWARD LINE OF DANCE, ROCK STEP**

- 1&2 Partners triple step in place
- 3&4 Dropping hands, follows turn ½ turn right and leads turn ½ turn left
- 5-6 Join hands--follow's left in lead's right and rock step

## **FOLLOW'S WRAP, ROCK STEP**

- 1&2 Follows begin a full turn left
- 3&4 Follows complete a full turn left
- 5-6 Rock step (will now be in a wrap (cuddle) position to lead's right)

## **LEADS, MEANWHILE...**

- 1&2 Maintaining hand hold, leads lead follows into wrap by using a sweeping motion with right arm to the left and away from body
- 3&4 Finish leading the turn. Footwork on 1-4 is a pair of basic triple steps
- 5-6 Rock step, picking up follow's right hand in lead's left in front of lead's belt buckle

## **FOLLOWS SHUFFLE FORWARD TWICE, STOMP, STOMP**

- 1&2 Shuffle forward right, left, right
- 3&4 Shuffle forward left, right, left
- 5-6 Stomp right, left

## **LEADS, MEANWHILE...**

- 1&2 Shuffle forward left, right, left
- 3&4 Shuffle forward right, left, right
- 5-6 Stomp left, right (still in wrap position)

## **FOLLOWS ¾ TURN RIGHT, ROCK STEP. LEADS TURN ¼ TURN RIGHT, ROCK STEP**

- 1&2-3&4 Dropping hands joined in front, lead will lead follow into a ¾ turn right. Bringing right hand over follow's head and down to face lead. Lead turns ¼ turn right on counts 1&2 during their triple step, triple step in place on counts 3&4

5-6

Both rock step on counts 5-6 and join hands to bring follow back into closed position to start the dance again

**REPEAT**

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