

# Forgotten Foxtrot

**Compte:** 32

**Mur:** 4

**Niveau:** Improver foxtrot



**Chorégraphe:** Valerie Garant

**Musique:** Michelle - The Beatles

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## **BASIC BACKWARDS**

1-6 (SSQQ) Walk back right, hold, left, hold, step right to side, close left

## **BALLROOM BOX**

7-10 (SQQ) Step back right, hold, step left to side, close right

11-14 (SQQ) Step forward left, hold, step right to side, close left

## **"CONVERSATION" STEP**

15-20 (SSQQ) Step right to side as turning body 1/8 right, hold, cross left in front of right, hold, step right to side as turning body to face front, close left

## **TWINKLES WITH ¼ TURN LEFT**

21-24 (SQQ) Cross right in front of left, hold, step left to side, close right

25-28 (SQQ) Cross left in front of right, hold, step right to side as making ¼ turn left on ball of left foot, close left

## **SLOW ROCK SIDE TO SIDE**

29-32 (SS) Rock weight to right foot, hold, rock weight to left foot, hold

## **REPEAT**

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