

Forever Green

Compte: 48

Mur: 4

Niveau: Beginner

Chorégraphe: Angie Shirley (UK)

Musique: Lord of the Dance - Ronan Hardiman



SHUFFLE FORWARD, TOE POINTS, CROSS OVER, UNWIND

- 1&2 Shuffle forward on right foot stepping right, left, right
- 3&4 Shuffle forward on left foot stepping left, right left
- 5& Point right toe to right side, step right foot next to left
- 6& Point left toe to left side, cross left foot over right
- 7-8 Unwind ½ turn over right shoulder

SHUFFLE FORWARD, TOE POINTS, CROSS OVER, UNWIND

- 9&10 Shuffle forward on right foot stepping right, left, right
- 11&12 Shuffle forward on left foot, stepping left, right, left
- 13& Point right toe to right side, step right foot next to left
- 14& Point left toe to left side, cross left foot over right
- 15-16 Unwind ½ turn over right shoulder

SCUFF, SWING, SHUFFLE BACK

- 17-18 Scuff right heel forward, swing right foot out to right side
- 19&20 Shuffle back on right foot stepping right, left, right
- 21-22 Scuff left heel forward, swing left foot out to left side
- 23&24 Shuffle back on left foot stepping left, right, left

SHUFFLE FORWARD, STEP, PIVOT

- 25&26 Shuffle forward on right foot stepping right, left, right
- 27-28 Step forward on left foot, pivot half turn over right shoulder
- 29&30 Shuffle forward on left foot stepping left, right, left
- 31-32 Step forward on right foot, pivot half turn over left shoulder

SYNCOPATED SIDE STEPS, SCUFF, SWING, COASTER STEP

- 33& Step right foot to right side, cross step left foot behind right
- 34 Step right foot to right side
- 35& Cross step left foot in front of right, step right foot to right side
- 36 Cross step left foot in front of right
- 37-38 Scuff right heel forward, swing right foot out to right side
- 39& Step back on right foot, step left foot next to right
- 40 Step forward on right foot

SYNCOPATED SIDE STEPS, SCUFF, SWING, QUARTER TURN LEFT, COASTER STEP

- 41& Step left foot to left side, cross step right foot behind left
- 42 Step left foot left side
- 43& Cross step right foot in front of left, step left foot to left side
- 44 Cross step right foot in front of left
- 45-46 Scuff left heel forward, swing left foot out to left side making quarter turn to left
- 47& Step back on left foot, step right foot next to left
- 48 Step left foot forward

REPEAT

COMPULSORY EXTRA 16 COUNTS

As you swing left foot out and make quarter turn to 4th wall (1st round only) finish the coaster step, then wait for 8 counts during break in music tempo, then stomp right foot forward and fan toe to right, left, right, stomp left foot forward and fan toe to left, right, left. Resume dance, shuffling forward.

While waiting to begin, stretch both arms to the left at shoulder height with right toe behind left leg.
