

# For The First Time

Compte: 64

Mur: 4

Niveau: Intermediate



Chorégraphe: Michael Vera-Lobos (AUS)

Musique: For the First Time - Kenny Loggins

## STEP BACK, STEP BACK, CROSS, HOLD, STEP BACK, STEP SIDE, CROSS, ¼ LEFT

- 1-4 Step back left, step back right, cross step left over right, hold  
5-8 Step back right, step left to left, cross step right over left, turn ¼ left on left (9:00)

## STEP FORWARD, ½ RAISE/DROP, ROCK BACK, ROCK FORWARD, FULL TURN FORWARD, STEP FORWARD, ¾ PIVOT

- 1-4 Step forward right, pivot ½ left raising heels & dropping weight on right, rock back left, rock forward on right (3:00)  
5-8 Travel forward - turn full turn forward right stepping left then right, step forward left, pivot ¾ right end weight right (12:00)

## ROCK FORWARD, HOLD, ROCK BACK, STEP BESIDE, STEP FORWARD, ½ RIGHT, ½ RIGHT, STEP FORWARD

- 1-4 Rock forward left, hold, rock back right, step left beside right  
5-8 Travel forward - step forward right, turn ½ right stepping on left, turn a further ½ right stepping on right, step forward on left

## ROCK FORWARD, HOLD, ROCK BACK, STEP BESIDE, ROCK FORWARD, ROCK BACK, ½ LEFT, ½ LEFT & SWEEP

- 1-4 Rock forward right, hold, rock back on left, step right beside left  
5-8 Rock forward left, rock back on right, turn back ½ left stepping on left, turn back a further ½ left stepping on right sweeping left to left side (12:00)

## BEHIND, SIDE, CROSS ROCK, HOLD, ROCK BACK, STEP SIDE, CROSS ROCK, HOLD

- 1-4 Travel right - cross left behind right, step right to right side, cross rock left over right, hold  
5-8 Travel left - rock back right, step left to left, cross rock right over left, hold

## STEP BACK, STEP BESIDE, STEP FORWARD, ½ TWIST, ½ TWIST, STEP, TOUCH BEHIND, FULL UNWIND

- 1-4 Step back left, step right beside left, step forward left, twist ½ right  
5-8 Twist ½ left (end weight left), travel forward -step forward onto right, touch left toe behind right, unwind full turn left end weight left (end weight left facing 12:00)

## STEP FORWARD, ¼ PIVOT LEFT, CROSS, ¼ RIGHT, ¼ RIGHT, CROSS, ¼ LEFT, ¼ LEFT

- 1-4 Step forward right, pivot ¼ left, cross right over left, turn ¼ right stepping back on left (12:00)  
5-8 Turn a further ¼ right stepping onto right, cross left over right, turn ¼ left stepping back on right, turn a further ¼ left ending with left to left side (9:00)

## CROSS LUNGE, HOLD, ROCK BACK, STEP SIDE, CROSS, STEP SIDE, ½ HINGE LEFT, ½ HINGE LEFT

- 1-4 Cross lunge right over left, hold, rock back on left, step right to right side  
5-8 Travel right - cross left over right, step right to right, hinge ½ left stepping onto left, hinge a further ½ left stepping onto right

## REPEAT

## TAG

Tag occurs before wall 1, then at the end of walls 2,4 &5

- 1-4 Rock forward left, hold, rock back right, turn ½ left on left

- 5-8 Step forward right,  $\frac{1}{2}$  pivot left, rock forward right, hold
- 1-4 Rock back left,  $\frac{1}{2}$  right on right, step forward left, pivot  $\frac{1}{2}$  right
- 5-8 Travel forward - step forward left, turn  $\frac{1}{2}$  left stepping onto right, turn  $\frac{1}{2}$  left stepping onto left, step forward on right

#### **FINISH**

**You will be facing back wall, start dance until count 8, hold for the words the first time, continue to count 22 to the front wall and then step forward & drag on final count.**

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