

For Everyone

Compte: 56

Mur: 4

Niveau: Intermediate

Chorégraphe: Sarah Massey (UK)

Musique: Say a Prayer - CeCe Winans



SYNCOPATED ROCKS, BACK SHUFFLE, LOCK STEP FORWARD, SIDE ROCK CROSS

- 1&2& Rock forward on right, replace weight on left, rock right to side, replace weight on left
3&4 Step back on right, close left next to right, step back right
5&6 Step forward on left, lock right behind left, step forward on left
7&8 Rock right to right side, replace weight on left, cross step right over left

STEP ROCK BACK RECOVER, ROCK BACK RECOVER, SKATE X 3

- 9-10&11 Step left to left side, rock back on right, replace weight to left, step right to right side
12&13 Rock back on left, replace weight on right, step left to left side
14-16 Skate forward, right, left, right

ROCK ½ TURN LEFT, SHUFFLE, SYNCOPATED ROCKS, SAILOR ¼ TURN

- 17&18 Rock forward on left, replace weight to right, make ½ turn left stepping forward on left
19&20 Step forward on right, close left next to right, step forward on right
21&22& Rock forward on left, replace weight to right, rock to left side on left, replace weight to right
23&24 Step left behind right, step right in place, make ¼ turn left stepping forward on left

SYNCOPATED ROCKS, SAILOR ¼ TURN RIGHT, FORWARD & BACK MAMBO STEPS

- 25&26& Rock forward on right, replace weight on left, rock to side on right, replace weight on left
27&28 Step right behind left, step left in place, make ¼ right stepping forward on right
29&30 Rock forward on left, replace weight on right, step left next to right
31&32 Rock back on right, replace weight on left, step right next to left

SYNCOPATED TOE, HEEL, HOOK, HEEL, TOE TAPS & KICK, CROSS BACK CROSS, SIDE ROCK CROSS

- 33&34& Touch left toe next to right instep, dig left heel forward, hook left in front of right knee, dig left heel
35&36 Tap left toe forward twice, kick left foot forward
37&38 Cross step left foot over right, step back on right, cross step left foot over right
39&40 Rock right foot out to right side, recover weight on left, cross step right foot over left

¾ TRIPLE TURN RIGHT, RIGHT MAMBO, LEFT COASTER, SWAY IN PLACE

- 41&42 Make ¾ turn right, on the spot, stepping left, right, left
43&44 Rock forward on right, replace weight to left, step right next to left
45&46 Step back on left, step right next to left, step forward on left
47-48 Step right out to side swaying hips right, take weight back on to left swaying hips to left

SYNCOPATED TOE, HEEL, HOOK, HEEL, TOE TAPS & KICK, SIDE ROCK CROSS, SIDE CHASSIS

- 49&50& Touch right toe to left instep, dig right heel forward, hook right in front of left knee, dig right heel forward
51&52 Tap right toe forward twice, kick right foot forward
53&54 Rock right out to right side, recover weight on left, cross step right over left
55&56 Step left to left side, close right to left, step left to left side

REPEAT

TAG

End of 2nd wall & end of 4th wall or 1st time at back 2nd time at front

1&2 Rock back on right, replace weight to left, step right to right side

3&4 Rock back on left, replace weight to right, step left to left side

5-8 Repeat steps 1-4 again
