

Fool On A Stool

Compte: 64

Mur: 4

Niveau: Intermediate



Chorégraphe: Rosalie Mackay (AUS)

Musique: One Fool On A Stool (Green Snakes) - Zona Jones

SIDE, DRAG, BACK ROCK, SIDE SHUFFLE, BACK ROCK

- 1-2-3-4 Step right to right side, drag left towards right, rock back on left, rock forward on right
5&6-7-8 Left side shuffle left-right-left, rock back on right, rock forward on left

(TOE HEEL) ¼ TURN STRUT, ½ TURN STRUT, ½ TURN STRUT, BACK ROCK

- 1-2-3-4 Turn ¼ left step back on right toe, drop right heel, turn ½ left step forward on left toe, drop left heel
5-6-7-8 Turn ½ left step back on right toe, drop right heel, rock back on left, rock forward on right (9:00)

PIVOT ½ TURN, TOE HEEL STRUT, PIVOT ½ TURN, TOE HEEL STRUT

- 1-2-3-4 Step left forward, pivot ½ right weight on right, step left toe forward, drop left heel (3:00)
5-6-7-8 Step right forward, pivot ½ left weight on left, step right toe forward, drop right heel (9:00)

TOE, HEEL, CROSS, TOE, HEEL, CROSS ¼ TURN BALL STEP (SAMBA TURN), HOLD

- 1-2-3 Tap left toe inwards at 45° left, tap left heel at 45° left, cross/step left over right
4-5 Tap right toe inwards at 45° right, tap right heel at 45° right
6&7-8 Cross/step right over left, turn ¼ right quickly step on ball of left to left side, step right to right side, hold (12:00)

(BOOGIE WALK) STOMP, HOLD, STOMP, HOLD, LEFT, RIGHT, LEFT, HOLD

- 1-2-3-4 Stomp left forward (toe out heel in), hold, turn left heel out & stomp right forward (toe out heel in), hold
5 Step left forward heel turned inward while swiveling right heel out
6-7-8 Step right forward heel turned inward while swiveling left heel out, step left forward heel turned inwards, hold

& HEEL, HOLD, & HEEL HOLD, ½ TURN, TOGETHER, HEEL SPLITS

- &1-2 (Traveling backwards) quickly step back on right, touch left heel at 45° left, hold
&3-4 (Traveling backwards) quickly step back on left, touch right heel at 45° right, hold
5-6-7-8 Turn ½ right step right forward, step left together, weight on balls of both feet split heels apart, together (6:00)

SIDE, BEHIND, SIDE, TOUCH, LEFT 45, BACK SLAP, LEFT 45, BACK SLAP

- 1-2-3-4 Step right to right side, step left behind right, step right to right side, touch left beside right
5-6-7-8 Touch left heel at 45° left, slap left heel behind right knee with right hand, repeat left 45, back slap

SIDE, BEHIND, SIDE, SCUFF, PIVOT ¼ TURN, PIVOT ½ TURN

- 1-2-3-4 Step left to left side, step right behind left, step left to left side, scuff right beside left (6:00)
5-6-7-8 Step right forward, pivot ¼ left weight on left (3:00), step right forward, pivot ½ left weight on left (9:00)

REPEAT

TO FINISH DANCE

On the last wall (the 6th) you will be dancing, toe, heel, cross toe, heel, cross, ¼ turn right ball step, hold. To face the front make your turn a ½ turn right ball step, hold, then stomp left forward, hold, stomp right forward,

hold
