Get It On (Bang A Gong)

Niveau: Intermediate

Chorégraphe: Chris Hodgson (UK)

Compte: 44

Musique: Bang A Gong - Carey Zeigler

CROSS-SIDE-TAP TWICE, & CROSS-HOLD, & CROSS-UNWIND ½ LEFT

- 1-2 Cross left over right, step right to right side (left is out to left side)
- Lift left heel up, drop heel down, lift left heel up, drop heel down (keep weight on right)
- &5-6 Step left next to right, cross step right over left, hold for 1 count
- &7-8 Small step left to left side, cross step right over left, unwind ½ turn left (weight on left)

HIP BUMPS (UP & DOWN) (WITH ATTITUDE!!)

- 1&2& Step forward on right bumping hips up, bump hips center, bump hips down, bump hips center (weight on right)
- 3&4 Bump hips up, bump hips center, bump hips down (weight on right)
- 5&6& Step forward on left bumping hips up, bump hips center, bump hips down, bump hips center (weight on left)
- 7&8 Bump hips up, bump hips center, bump hips down (weight on left)

HEEL SWIVELS BACK X4, OUT-OUT-HOLD W CLAP, HEEL LIFT TWICE

- &1 Swivel both heels out, swivel both heels in stepping right behind left
- &2 Swivel both heels out, swivel both heels in stepping left behind right
- &3&4 Repeat above counts &1&2
- &5-6 Small step out with right, small step out with left, hold clapping hands
- &7&8 Lift up right heel, drop heel down, lift up left heel, drop heel down

BRUSH-HITCH-STEP, STEP-HEEL SWIVELS, COASTER STEP, STEP-1/2 TURN

- 1&2 Brush right foot forward, hitch right knee, step forward on right
- 3&4 Step left forward, swivel both heels to left, swivel both heels to center (keep weight on right)
- 5&6 Step back on left, step right next to left, step forward on left
- 7-8 Step forward on right, pivot ½ turn left

ROCK STEP, TRIPLE ½ TURN RIGHT, ROCK STEP, TRIPLE ¾ TURN LEFT

- 1-2 Step forward on right, rock weight back onto left
- 3&4 Triple ¹/₂ turn right stepping on right-left-right
- 5-6 Step forward on left, rock weight back onto right
- 7&8 Triple ¾ turn left stepping on left-right-left

CROSS-BACK, CHASSE RIGHT

- 1-2 Cross right over left, step back on left
- 3&4 Step right to right side, step left next to right, step right to right side

REPEAT





Mur: 4