

Get Down

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Stephen (Hillbilly) Howard

Musique: Get Down On It - Kool & The Gang



GRAPEVINE RIGHT TAP, GRAPEVINE LEFT TAP

1-4 Step right to right side, cross left behind right, step right to right side, tap left beside right
5-8 Step left to left side, cross right behind left, step left to left side, tap right beside left

STEP FORWARD ON RIGHT FOOT, TAP, STEP BACK ON LEFT FOOT, TAP, ¼ TURN TO RIGHT ON RIGHT, TAP, STEP FORWARD ON LEFT, TAP

9-10 Step forward on right foot, tap left beside right
11-12 Step back on left foot, tap right beside left
13-14 Make ¼ turn to right stepping forward on right, tap left beside right
15-16 Step forward on left, tap right beside left

SHUFFLE BACK ON RIGHT, BACK ROCK ON LEFT FORWARD ON RIGHT, SHUFFLE FORWARD ON LEFT FOOT, PIVOT ½ LEFT

17&18 Step back right, close left beside right, step back right
19-20 Rock back on left, rock forward on right
21&22 Step forward left, close right beside left, step forward left
23-24 Step forward right, pivot ½ turn left

3 X HEEL SWITCHES (LEAD RIGHT), CLAP TWICE, HIP BUMPS X 4

25& Touch right heel forward, step right beside left
26& Touch left heel forward, step left beside right
27&28 Touch right heel forward, clap hands twice
29-30 Stepping forward on right bump right hip forward twice
31-32 Transfer weight backwards onto left and bump left hip back twice

REPEAT
