

Get Down

Compte: 48

Mur: 4

Niveau: Intermediate



Chorégraphe: Scott Hartley (AUS)

Musique: The South's Gonna Do It Again - Charlie Daniels

SHUFFLE FORWARD, SHUFFLE FORWARD, CROSS KICK, KICK CROSS KICK, KICK CROSS KICK

- 1&2 Shuffle forward right-left-right
- 3&4 Shuffle forward left-right-left
- 5-8 Cross right over left, kick left forward at 45 degrees left, kick left forward at 45 degrees left, cross left over right
- 9-12 Kick right forward at 45 degrees right, kick right forward at 45 degrees right, cross right over left, kick left forward at 45 degrees left

SHUFFLE BACK, ½ TURN RIGHT, SHUFFLE FORWARD, CROSS KICK, KICK CROSS, KICK, KICK CROSS KICK

- 13&14& Shuffle back left-right-left, turn ½ turn right
- 15&16 Shuffle forward right-left-right
- 17-20 Cross left over right, kick right forward at 45 degrees right, kick right forward at 45 degrees right, cross right over left
- 21-24 Kick left forward at 45 degrees left, kick left forward at 45 degrees left, cross left over right, kick right forward at 45 degrees right

CROSS, UNWIND, SHUFFLE FORWARD, ¼ TURN RIGHT, ½ TURN LEFT SHUFFLE FORWARD

- 25-26 Cross right over left, unwind ½ turn left
- 27&28 Shuffle forward left-right-left
- 29-30 Turn ¼ turn right stepping right to right side, turn ½ turn left stepping forward on left
- 31&32 Shuffle forward right-left-right

BALL JACK LEFT, BALL JACK RIGHT

- &33 Step back on ball of left foot, touch right heel forward
- &34 Replace right foot back to center, touch ball of left foot beside right
- &35 Step back on ball of left foot, touch right heel forward
- &36 Replace right foot back to center, touch ball of left foot beside right

BALL JACK LEFT, SHUFFLE FORWARD

- &37 Step back on ball of left foot, touch right heel forward
- &38 Step right beside left, step left forward
- 39&40 Shuffle forward right-left-right

ROCK FORWARD, BACK, SHUFFLE BACK, STEP CORKSCREW TURN TOUCH

- 41-42 Rock forward on left, rock back on right
- 43&44 Shuffle back left-right-left
- 45-48 Step right foot back, corkscrew turn bending knees ½ turn right, touch right beside left

REPEAT
