

Full Tilt

Compte: 32

Mur: 4

Niveau: Intermediate west coast swing



Chorégraphe: Dan Albro (USA)

Musique: Tilt Ya Head Back (feat. Christina Aguilera) - Nelly

SHUFFLE SIDE, SHUFFLE SIDE, ¼ SHUFFLE SIDE, BEHIND, SIDE, HEEL

- 1&2& Shuffle stepping side right, step left next to right, step side right, bring left knee towards right
3&4& Shuffle stepping side left, step right next to left, step side left, bring right knee towards left turning ¼ left
5&6-7&8 Shuffle stepping side right, step left next to right, step side right, cross left behind, step side right, touch left heel out

Styling note: on counts 1&2: lean body slightly left as you shuffle right; on counts 3&4: lean body slightly right as you shuffle left

STEP, TOUCH, & HEEL & OVER & BEHIND & OVER UNWIND ¾

- &1&2 Step down on left, touch right next to left, step back on right, touch left heel out
&3&4&5 Step down on left, cross right over left, step side left, cross right behind left, step side left, cross right over left
6-7-8 Slowly unwind ¾ turn left, clap hands on 8

HIP BUMPS, KICK ¼ TOUCH, SHUFFLE SIDE, BEHIND, ¼ TURN, STEP

- 1&2-3&4 Bump hips right, left, right, kick left forward, turn ¼ left stepping left next to right, touch right next to left
5&6 Shuffle side stepping side right, step left next to right, step side right
7&8 Cross left behind, turn ¼ right stepping forward right, step forward left

STEP ½ TURN, WALK RIGHT, LEFT, LUNGE ¼, TOUCH, ¼ STEP, BRUSH, ¼ HITCH

- 1-2-3-4-5 Step forward right, pivot ½ turn left (weight on left), walk forward right, walk forward left, lunge forward right turning ¼ left
6-7-8& Touch left next to right, step ¼ left on left, brush right forward, hitch right knee turning ¼ left

REPEAT