

# From The Block

Compte: 64

Mur: 4

Niveau: Intermediate

Chorégraphe: Ryan Wareing (UK)

Musique: Jenny from the Block - Jennifer Lopez



## **CROSS, HIP BUMPS ¼, KICK, POINT, SCUFF, HITCH, POINT.**

- &1 Transfer weight on to left, cross right foot over the left foot
- 2 Hip bumps to the right while turn 1/12 over left shoulder
- 3 Hip bumps to the left while turn 1/12 over left shoulder
- 4 Hip bumps to the right while turn 1/12 over left shoulder (now facing 9:00)
- 5&6 Kick right foot forward, place right foot next to left foot, touch left foot forward
- & Place left foot next to right foot
- 7&8 Scuff right foot forward, hitch the right leg, point right foot to right side

## **BEHIND, SIDE, CROSS, SIDE CHASSE, ½ TURN, SIDE CHASSE, CROSS-ROCK, RECOVER, ¼ STEP**

- 1&2 Right foot behind left foot, left foot to left side, right foot cross over left foot
- 3&4 Left foot to left side, right foot next to left foot, left foot to left side
- & ½ turn over your right shoulder, (facing 3:00)
- 5&6 Right foot to right side, left foot next to right foot, right foot to right side,
- 7&8 Cross rock left foot over right foot, recover on right foot, step left foot ¼ over left shoulder, (facing 12:00)

## **STEP, CROSS, ½ UNWIND, SHUFFLE, CROSS, ½ UNWIND, SHUFFLE**

- &1 Step forward on right foot, cross left foot over right foot
- 2 Unwind ½ over your right shoulder (now facing 6:00)
- 3&4 Right foot step forward, left foot step next to right foot, right foot step forward
- &5 Step forward on left foot, cross right foot over left foot
- 6 Unwind ½ over your left shoulder (now facing 12:00)
- 7&8 Right foot step forward, left foot step next to right foot, right foot step forward

## **ROCK FORWARD, RECOVER, WALK BACK X3, SIDE, ROCK, CROSS TWICE**

- 1&2 Rock forward on your left foot, recover weight on right foot, step behind on left foot
- 3 Step right foot behind
- 4 Step left foot behind
- 5&6 Rock right foot to right side, recover on your left foot, cross right over left foot
- 7&8 Rock left foot to left side, recover on your right foot, cross left over right foot

## **WALK RIGHT, WALK LEFT, STEP, PIVOT, FULL TURN, TOUCH, TOUCH FORWARD, TOUCH SIDE, FLICK, PLACE**

- 1 Step forward on your right foot
- 2 Step forward on your left foot
- 3& Step forward on your right foot, turn ½ over your left shoulder facing 6:00
- 4 Step back ½ over right shoulder on right foot (now facing 12:00 and right foot is behind)
- & Step forward ½ over left shoulder on left foot (now facing 6:00 and left foot is forward)
- 5 Touch right foot next to left foot
- 6&7 Point right foot forward, point right foot to right side, flick right foot behind
- 8 Place right foot down to right side and put weight on it

## **HIPS BUMPS TWICE, COASTER STEP, STEP ¼ PIVOT**

- 1&2 Bump hips right, left, right
- 3&4 Bump hips left, right, left and put weight on the left foot

- 5&6 Step right foot behind, step left foot next to right foot, step right foot forward  
7 Step left foot forward  
8 Turn  $\frac{1}{4}$  over your right shoulder (now facing 9:00)

**POINT SIDE AND SIDE, STEP SIDE, CLOSE, SIDE, CLOSE, SIDE, ROCK BEHIND AND TOUCH, SAILOR**

- 1& Point right foot to right side, place right foot next to left foot  
2& Point left foot to left side, place left foot next to right foot  
3&4 Step right foot to right side, step left foot next to right, step right foot to right side,  
&5 Step left foot next to right, step right foot to right side  
6&7 Rock left foot behind right foot in the diagonal, recover on right foot, point left foot diagonally forward  
8& Step left foot behind right foot, step right foot to right side

**$\frac{1}{4}$  STEP, RIGHT LOCK FORWARD, ROCK, RECOVER, POINT BEHIND  $\frac{3}{4}$  TURN, ROCK AND PLACE**

- 1 Step  $\frac{1}{4}$  with left foot forward (facing 6:00)  
2&3 Step right foot forward, lock left foot behind right, step right foot forward  
4&5 Rock forward on left foot, recover on right foot, point left foot behind  
6  $\frac{3}{4}$  turn over your left shoulder (now facing 9:00)  
7&8 Rock right foot to right side, place right foot next to left foot (weight is on right foot)

**REPEAT**

Once on the end of wall 4 continue dance from last 32 counts through to the end.

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