

# Good Vibes

**Compte:** 48

**Mur:** 4

**Niveau:** Improver two step



**Chorégraphe:** Ingemar Kardeskog (SWE)

**Musique:** Sunshine Reggae - Laid Back

## WALK, WALK, SIDE, TOUCH, SHUFFLE ½ TURN, KICK BALL STEP, STEP

- 1-2 Walk left, walk right
- 3-4 Step left to left side, touch right beside left
- 5&6 Turn ¼ stepping right to right side, close left beside right, turn ¼ right stepping right forward
- 7&8 Kick left forward, close left beside right, turn ¼ right stepping right forward (cross left)

## SIDE, ROCK, CROSS SHUFFLE ¼ TURN RIGHT & HITCH, TURN & HITCH, TURN & HITCH, COASTER STEP

- 1-2 Rock left to left side, recover onto right
- 3&4& Cross left over right, step right to right side, cross left over right turning ¼ right, hitch right knee
- 5& Turn ¼ right stepping right forward, hitch left knee
- 6& Turn ¼ right stepping back on left, hitch right knee
- 7&8 Step right back, close left beside right, step right forward

## DIAGONAL STEP, TOUCH X2, &JUMP, JUMP, SWIVEL TURN X3

- 1-2 Long diagonal step to left, touch right beside left
- 3-4 Long diagonal step to right, touch left beside right
- &5 Jump left back, jump right back to right side
- &6 Jump left slightly forward, jump right forward in front of left
- 7&8 Swivel both heels right turning ½ left, swivel both heels left turning ½ right, swivel both heels right turning ¼ left weight onto right (facing 3:00)

## SAILOR ¼ TURN, ROCK & CROSS, ROCK & CROSS, SIDE, BEHIND

- 1&2 Sweep left behind right turning ¼ left, close right beside left, step left slightly forward
- 3&4 Rock right to right side, recover to left, cross right over left
- 5&6 Rock left to left side, recover to right, cross left over right
- 7-8 Step right to right side, cross left behind right

## POINT & POINT, SAILOR ¼ TURN, POINT, HOLD & BALL STEP, STEP

- 1&2 Point right to right side, point right forward, point right to right side
- 3&4 Sweep right turning ¼ right behind left, close left beside right, step right slightly forward
- 5-6 Point left forward, hold
- &7-8 Close left beside right, step right forward, step left forward

## STEP ½ TURN, TURN ¼ RIGHT SIDE, HOLD & BALL SIDE STEP, SIDE, STEP ¼ TURN, SWAY X3

- 1-2 Step right forward, turn ½ left stepping forward on left
- 3-4& Turn ¼ left stepping right to right side, hold, close left beside right
- 5-6 Step right to right side, step left forward turning ¼ right
- 7&8 Step right forward swaying to right, sway left, sway right taking weight onto right

## REPEAT