

Gone In A Flash

Compte: 32

Mur: 4

Niveau: Intermediate

Chorégraphe: Robert DeLong (USA)

Musique: Escape - Enrique Iglesias



WALK, WALK, ROCK-RECOVER, FULL TURN, ½ TURN

- 1-2 Walk forward right, left
- 3-4 Rock forward on right foot, recover on left foot
- 5-6-7-8 Step back on right turning ½ right moving back, step forward left turning ½ turn right, step back on right turning ½ right, step forward on left to complete a 1- ½ turn

RIGHT KICK-BALL-CHANGE, ¼ TURN, ROCK-RECOVER, COASTER STEP

- 1&2 Kick right foot forward, step down on ball of right foot, step left foot in place
- 3-4 Step right foot forward, pivot ¼ turn left off balls of feet
- 5-6 Rock forward on right foot, recover weight on left foot
- 7&8 Step right foot back, step left foot back, step right foot forward

ROCK-RECOVER, COASTER STEP, ROCK-RECOVER, ½ TURN TRIPLE

- 1-2 Rock forward on left foot, recover weight on right foot
- 3&4 Step left foot back, step right foot back, step left foot forward
- 5-6 Rock forward on right foot, recover on left foot
- 7&8 Turn ½ turn right with a triple step right-left-right

VINE RIGHT, SYNCOPATED HEEL JACKS

- 1-2 Cross left foot over right, step right foot to right side
- 3&4 Step left foot behind right foot, step right to right side, cross left foot over right
- &5&6 Step right foot slightly back, touch left heel forward
- &7&8 Step left beside right, step right beside left, step right foot slightly back, touch right heel forward, step right beside left, step left beside right

REPEAT

Optional steps to heel jacks

- 5&6 Side shuffle to the right side right-left-right
 - 7&8 Side shuffle to the left left-right-left
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