

Going Through Hell

Compte: 32

Mur: 4

Niveau: Improver



Chorégraphe: Teri Rogers (USA)

Musique: If You're Going Through Hell (Before the Devil Even Knows) - Rodney Atkins

STOMP, KICK, COASTER STEP, LEFT SHUFFLE, RIGHT SHUFFLE

- 1-2 Stomp right foot, kick right foot forward
- 3&4 Step back right foot, step back left foot, step forward right foot
- 5&6 Step left foot forward, step right foot next to left, step left foot forward
- 7&8 Step right foot forward, step left foot next to right, step right foot forward

LEFT SCISSORS, RIGHT SCISSORS, ROCK FORWARD RECOVER, COASTER STEP

- 1&2 Rock out to left side with left foot, step right next to left, cross left over right
- 3&4 Rock out to right side with right foot, step left next to right, cross right over left
- 5-6 Rock forward on left, recover on right
- 7&8 Step back on left foot, step right next to left, step forward on left foot

KICK-STEP-POINT, KICK-STEP-POINT, ¼ TURNING JAZZ BOX

- 1&2 Kick right foot forward, step right foot next to left, point left foot to left side
- 3&4 Kick left foot forward, step left foot next to right, point right foot to right side
- 5-6 Cross right foot over left, step back on left foot
- 7-8 Turn ¼ right and step right foot to right side, step left foot next to right

TWIST, CLAP, TWIST, CLAP

- 1 Twist right heels to right
- 2 Twist right toes to right
- 3 Twist right heels to right
- 4 Clap hands over left shoulder
- 5 Twist left heels to left
- 6 Twist left toes to left
- 7 Twist left heels to left
- 8 Clap hands over right shoulder

REPEAT
