

# Hands Up

**Compte:** 48

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** Sandy Russell (SCO)

**Musique:** Hands Up (Give Me Your Heart) - Ottawan



## **FORWARD ROCK, SHUFFLE BACK, BACK ROCK, SHUFFLE ½ TURN**

- 1-2 Step forward on right, rock weight back onto left  
3&4 Step back on right, step left next to right, step back on right  
5-6 Step back on left, rock weight forward onto right  
7-8 Shuffle ½ turn right, left, right, left

## **¼ TURN-TOUCH, SIDE TOUCH, & CROSS-SIDE, COASTER STEP**

- 1-2 ¼ turn right stepping right to right side, step left next to right  
3-4 Step right to right side, touch left next to right  
&5-6 Step left next to right, cross right over left, step left to left side  
7&8 Step back on right, step left next to right, step forward on right

## **STEP-½ TURN, TRIPLE ½ TURN, BACK ROCK, KICK BALL-CHANGE**

- 1-2 Step forward on left, pivot ½ turn right  
3&4 Triple ½ turn right, stepping on left, right, left  
5-6 Step back on right, rock weight forward onto left  
7&8 Kick right forward, step in place on right, step left next to right

## **SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE**

- 1-2 Step right to right side, rock weight onto left  
3&4 Cross shuffle right over left  
5-6 Step left to left side, rock weight onto right  
7&8 Cross shuffle left over right

## **¼ TURN LEFT, ½ TURN LEFT, STEP FORWARD ON RIGHT, ¼ TURN LEFT**

- 1-4 Turn ¼ turn left, turn ½ turn left, step forward on right, turn ¼ turn left  
5-6 Cross shuffle right over left  
7-12 Repeat above 1-6 to left side

## **SIDE TOUCH, SIDE TOUCH**

- 1-4 Step right to right side, touch left beside right, step left to left side, touch right beside left

## **REPEAT**

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