

# Groovy Moves

Compte: 64

Mur: 4

Niveau:

Chorégraphe: Kay Romero (USA)

Musique: Blueboy - John Fogerty



## FORWARD, SIDE, TRIPLE STEP

- 1-2 Touch right toe forward, slide right toe to right side
- 3&4 Triple step forward (right-left-right)
- 5-6 Touch left toe forward, slide left toe to left side
- 7&8 Triple step forward (left-right-left)

## KICK, STEP, POINT, STEP, KICK, STEP, ¼ TURN, CROSS

- 1-2 Kick right foot forward, step right foot back
- 3-4 Touch left toe back, step left foot forward
- 5-6 Kick right foot forward, step right foot back
- 7-8 Step left foot ¼ turn left, cross/step right foot in front of left foot

## SIDE TRIPLE, CROSS, ¼ TURN, COASTER STEP, SIDE TRIPLE

- 1&2 Left side triple (left-right-left)
- 3-4 Cross/step right foot in front of left foot, step left foot back into ¼ turn right
- 5&6 Coaster step: step right foot back, step left foot together, step right foot forward
- 7&8 Left side triple (left-right-left)

## ROCK, STEP, RIGHT SIDE TRIPLE, ROCK, STEP, POINT, CROSS

- 1-2 Rock back on right foot, step left foot in place
- 3&4 Right side triple (right-left-right)
- 5-6 Rock back on left foot, step right foot in place
- 7-8 Point left foot to left side, cross/step left foot forward in front of right foot

## POINT, CROSS, POINT, CROSS, SIDE, TURN, SIDE, TOE BACK

- 1-2 Point right foot to right side, cross/step right foot forward in front of left foot
- 3-4 Point left foot to left side, cross/step left foot forward in front of right foot
- 5-6 Touch right foot to right side, pivot ½ turn right on ball of left foot and step right foot together
- 7-8 Touch left toe to side, extend/touch left foot back

## TRIPLE FORWARD, STEP, KICK ½ TURN, WALK BACK, BACK, BACK, BACK & CROSS OVER

- 1&2 Triple forward (left-right-left)
- 3 Step right foot forward
- 4 Karate kick: kick left foot forward making ½ turn right on ball of right foot and kick left foot backward
- 5-7 Walk back (left-right-left)
- &8 Step right foot back, cross/step left foot over right foot

## ¼ TURN LEFT, ½ TURN LEFT, TRIPLE FORWARD, ROCK, STEP, COASTER STEP

- 1-2 Step right foot back into ¼ turn left, step left foot back into ½ turn left
- 3-4 Triple forward (right-left-right)
- 5-6 Rock forward on left foot, step back on right foot
- 7&8 Coaster step: step left foot back, step right foot together, step left foot forward

## WALK 2, FORWARD, TOGETHER, BACK, STEP BACK, BACK, COASTER STEP

- 1-2 Walk forward right, left

3&4 Step right foot forward, step left foot together, step right foot back

5-6 Walk back left, right

**Or full turn to the right stepping back with left foot starting the turn and finish the turn by spinning on the ball of the right foot**

7&8 Coaster step: step left foot back, step right foot together, step left foot forward

### **PUSH STEPS**

1 Small step right foot forward as if pushing ball of right foot into the floor

2 Step down on right foot in place

3 Small step left foot forward as if pushing ball of left foot into the floor

4 Step down on left foot in place

5 Small step right foot forward as if pushing ball of right foot into the floor

6 Step down on right foot in place

7 Small step left foot forward as if pushing ball of left foot into the floor

8 Step down on left foot in place

### **REPEAT**

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