

# Groove

**Compte:** 32

**Mur:** 4

**Niveau:**

**Chorégraphe:** Brian Barakauskas (USA)

**Musique:** Love Is Alive - Anastacia



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- 1&2 Rock back on right, recover, step right to right side  
3 Turn full turn to right, change weight to left foot  
&4 Take two small steps forward (right, left)  
5&6 Rock forward on right, recover, step right together with left  
7&8 Triple forward (left, right, left)
- 1-2 Step right foot forward making  $\frac{1}{2}$  turn to left (weight stays on right)  
3 Kick left foot forward  
&4 Take two steps back (left right) look to left on count 4  
5 Hold (point right arm to left)  
6-7-8 Hold (slowly swing arm around to point forward)
- 1&2 Sailor step making  $\frac{1}{4}$  turn to left (left, right, left)  
3&4 Triple forward (right, left, right)  
5-6& Step forward on left, hold, step right behind left  
7-8& Step forward on left, hold, step right behind left
- 1-2& Step forward on left, rock forward on right, recover  
3 Low ronde with right foot  
4&5 Swing right foot around into sailor step turning  $\frac{1}{4}$  to right (right, left, right)  
6 Turn  $\frac{1}{2}$  turn to left, change weight to left foot  
7 Step forward on right  
8 Turn  $\frac{1}{2}$  turn to right stepping back on left foot

**REPEAT**

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