

Grin And Bear It

Compte: 40

Mur: 4

Niveau: Intermediate



Chorégraphe: "Calamity" Jane Newhard (USA)

Musique: How Do You Like Me Now?! - Toby Keith

-
- 1-2 Step left forward, pivot $\frac{1}{2}$ turn right
3&4 Shuffle forward left-right-left
5-6 Step right forward, pivot $\frac{1}{2}$ turn left
7&8 Shuffle forward right-left-right
- 1-2 Step left forward, pivot $\frac{1}{2}$ turn right
3&4 Shuffle forward left-right-left
5-6 Full left turn, step right $\frac{1}{4}$ turn left, pivot on right $\frac{3}{4}$ turn left, step forward left
7&8 Shuffle forward right-left-right
- 1-2 Rock forward on left, rock back on right
3&4 Shuffle left-right-left while making a $\frac{1}{2}$ turn left
5-6 Rock forward on right, rock back on left
7&8 Coaster step right-left-right step right back, step left beside right, step right forward
- 1-2 Full left turn, step left $\frac{1}{4}$ turn left, pivot on left $\frac{3}{4}$ turn left, step right forward
3&4 Shuffle forward left-right-left
5-6 Full right turn, step right $\frac{1}{4}$ turn right, pivot on right $\frac{3}{4}$ turn right, step left forward
7&8 Shuffle forward right-left-right
- 1-2 Rock forward on left, rock back on right
3&4 Shuffle left-right-left making a $\frac{3}{4}$ turn left
5-6 Step right to right, hold with a clap, smile!
&7 Step left beside right, step right to right
8 Touch left beside right

REPEAT
