

Grin And Bear It

Compte: 40

Mur: 4

Niveau: Intermediate



Chorégraphe: "Calamity" Jane Newhard (USA)

Musique: How Do You Like Me Now?! - Toby Keith

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- | | |
|-----|--|
| 1-2 | Step left forward, pivot $\frac{1}{2}$ turn right |
| 3&4 | Shuffle forward left-right-left |
| 5-6 | Step right forward, pivot $\frac{1}{2}$ turn left |
| 7&8 | Shuffle forward right-left-right |
| | |
| 1-2 | Step left forward, pivot $\frac{1}{2}$ turn right |
| 3&4 | Shuffle forward left-right-left |
| 5-6 | Full left turn, step right $\frac{1}{4}$ turn left, pivot on right $\frac{3}{4}$ turn left, step forward left |
| 7&8 | Shuffle forward right-left-right |
| | |
| 1-2 | Rock forward on left, rock back on right |
| 3&4 | Shuffle left-right-left while making a $\frac{1}{2}$ turn left |
| 5-6 | Rock forward on right, rock back on left |
| 7&8 | Coaster step right-left-right step right back, step left beside right, step right forward |
| | |
| 1-2 | Full left turn, step left $\frac{1}{4}$ turn left, pivot on left $\frac{3}{4}$ turn left, step right forward |
| 3&4 | Shuffle forward left-right-left |
| 5-6 | Full right turn, step right $\frac{1}{4}$ turn right, pivot on right $\frac{3}{4}$ turn right, step left forward |
| 7&8 | Shuffle forward right-left-right |
| | |
| 1-2 | Rock forward on left, rock back on right |
| 3&4 | Shuffle left-right-left making a $\frac{3}{4}$ turn left |
| 5-6 | Step right to right, hold with a clap, smile! |
| &7 | Step left beside right, step right to right |
| 8 | Touch left beside right |

REPEAT
