Grab Ass



Compte: 40 Mur: 0 Niveau:

Chorégraphe: Unknown

Musique: Dance - Twister Alley



1-2 3-4 5-8	Right hand, palm down, out to side at shoulder level, twice Left hand, palm down, out to side at shoulder level, twice Forward right foot ½ turn left, in place left, forward right foot ½ turn left, in place left
9-10	Right thumb hitch over right shoulder left, twice
11-12	Left thumb hitch over left shoulder, twice
13-14	Two fists as in a rope pull, 2 pulls towards body
15-16	Two fists as in a rope pull, 2 pulls towards body
17	Right inside wrist touch left hip across body
18	Left inside wrist touch right hip across body
19	Right inside wrist touch left
20	Left inside wrist touch right knee
Deep crouch position with straight back	
21	Right touch floor in front between knees
22	Left touch floor behind
23	Right touch floor in front between knees
24	Stand up and clap
On above you can do a 3 beat twist & clap instead	
Slight bend over on following 8 beats	
25-28	Right at hip fast roll of both hands (2 beats) at hip level, stand up and roll 2 beats shoulder height
29-32	Left at hip fast roll of both hands (2 beats) at hip level, stand up and roll 2 beats shoulder height
33	Slap right hip with right palm
34	Slap left hip with left palm
35	Grab right buttock with right hand
36	Grab left buttock with left hand
Keep hands in place on buttocks for jump steps	
37	Jump forward
38	Jump back

REPEAT

Jump forward turn 1/4 left

Clap

39

40