

# Got To Slow Down

**COPPER** KNOB  
BY STEPHENETS

**Compte:** 32

**Mur:** 2

**Niveau:** Intermediate/Advanced

**Chorégraphe:** Rob McKean (CAN)

**Musique:** Living In Fast Forward - Kenny Chesney



## WALK, TOE TAP, HEEL JACK, BALL CROSS, SIDE ROCK, SIDE STEP

- 1-2 Walk forward right, then left
- 3&4 Tap right toe behind left foot, step back on right, touch left heel in front
- &5 Step together on left, cross right over left
- 6-7 Rock out to left side on left, recover onto right
- 8 Slide left beside right (weight on left.)

## HIP BUMPS, TOUCH, TURN, SHUFFLE

- 9&10 Bump hips forward twice
- 11&12 Bump hips back twice
- 13 Touch right toe back
- 14 Pivot right ½ turn
- 15&16 Shuffle forward left-right-left

## MAMBO TWICE, MODIFIED MONTEREY TURN

- 17&18 Rock forward on right, recover on left, step together on right
- 19&20 Rock back on left, recover on right, step together on left
- 21&22 Touch right toe to right side, pivot right ½ turn on left, step down on right
- 23&24 Touch left to left side, step together on left, touch right to right side

## CROSS SHUFFLE, HINGE TURN, CROSS ROCK, SIDE SHUFFLE

- 25&26 Cross right over left, step side left on left, cross right over left
- 27-28 Step back on left making a ¼ turn right, step forward on right making ¼ turn right
- 29-30 Cross left over right, recover on right
- 31&32 Step side left, together on right, side left

## REPEAT

## TAG

Add two ½ right pivot turns at the end of the 2nd and 5th sequences

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