Heartbeat



Compte: 32 Mur: 4 Niveau: Beginner

Chorégraphe: Lynn Kryger (UK)

Musique: Heartbeat - Buddy Holly



TOE STRUTS

1-2	Touch right toe forward, drop the heel to the floor
3-4	Touch left toe forward, drop the heel to the floor
5-6	Touch right toe forward, drop the heel to the floor
7-8	Touch left toe forward, drop the heel to the floor

SIDE ROCKS & CROSSES

1-2	Step the right foot to the right side taking the weight (rock), switch the weight onto the left foot
3-4	Cross the right over the left foot and hold for one beat
5-6	Step the left foot to the left side taking the weight (rock), switch the weight onto the right foot
7-8	Cross the left over the right foot and hold for one beat

RIGHT VINE WITH A TOUCH, LEFT VINE WITH 1/4 TURN

1-2	Step the right foot to right side, cross the left behind the right
3-4	Step the right foot to right side, touch the left foot next to right
5-6	Step the left foot to left side, cross the right behind the left
7-8	Step the left foot ¼ turn to the left, step the right beside the left

HEEL SWIVELS TRAVELING RIGHT, HEEL SWIVELS TRAVELING LEFT

1	With the weight on the toes swivel the heels to the right side
2	Taking the weight onto the heels swivel the toes to the right
3	With the weight on the toes swivel the heels to the right side
4	Hold for one beat, (optional clap)
5	With the weight on the toes swivel the heels to the left side
6	Taking the weight onto the heels swivel the toes to the left
7	With the weight on the toes swivel the heels to the left side
8	Hold for one beat, (optional clap)

REPEAT