

# Heartaches By The Number

Compte: 64

Mur: 4

Niveau: Improver

Chorégraphe: Teresa Lawrence (UK) & Vera Fisher (UK)

Musique: Heartaches By The Number - The Deans



## CHASSE ROCK BACK REPLACE, SIDE TOE STRUTS

- 1&2 Step right to right side, bring left next to right, step right to right side
- 3-4 Rock left back behind right, replace weight onto right
- 5-8 Left toe strut to left side, cross right over left toe strut

## CHASSE ROCK BACK REPLACE ¼ TURN, FORWARD TOE STRUTS

- 1&2 Step left to left side, bring right next to left, turning ¼ right step back on left
- 3-4 Rock back on right, replace weight onto left
- 5-8 Toe strut forward on right, toe strut forward on left

## FORWARD ROCK REPLACE, COASTER TWICE

- 1-2 Rock forward on right, replace weight onto left
- 3&4 Back coaster step on right
- 5-6 Rock forward on left, replace weight onto right
- 7&8 Back coaster step on left

## FOUR ¼ TURNING PIVOTS WITH HIP SWINGS

- 1-2 Step forward on right, pivot ¼ turn left
- 3-4 Step forward on right, pivot ¼ turn left
- 5-6 Step forward on right, pivot ¼ turn left
- 7-8 Step forward on right, pivot ¼ turn left (completing a whole turn left)

On turns try swinging hips right while stepping forward on right then swing hips left while turning and replacing weight onto left

## CROSS ROCK REPLACE CHASSE, CROSS ROCK REPLACE CHASSE ¼ TURN

- 1-2 Cross rock right over left, replace weight onto left
- 3&4 Chasse right to right side
- 5-6 Cross rock left over right, replace weight onto right
- 7&8 Chasse left to left side finishing with ¼ turn left

## SHUFFLE FORWARD RIGHT, SHUFFLE FORWARD LEFT, ROCK FORWARD REPLACE COASTER

- 1&2 Shuffle forward right
- 3&4 Shuffle forward left
- 5-6 Rock forward on right, replace weight onto left
- 7&8 Back coaster step on right

## KICK FORWARD SIDE SAILOR, KICK FORWARD SIDE SAILOR ¼ TURN RIGHT

- 1-2 Kick forward on left, kick left to left side
- 3&4 Left sailor step
- 5-6 Kick forward on right, kick right to right side
- 7&8 Right sailor turning ¼ right

## STEP HOLD, ¼ TURN HOLD, ROCK FORWARD REPLACE ¾ TRIPLE TURN LEFT

- 1-2 Step forward on left, hold
- 3-4 Turning ¼ right step forward on right, hold
- 5-6 Rock forward on left, replace weight onto right
- 7&8 Turning ¾ left over left shoulder triple step left, right, left

REPEAT

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