

Heartaches

Compte: 64

Mur: 2

Niveau: Intermediate

Chorégraphe: Johnny S. (UK)

Musique: Heartaches By The Number - The Deans



FORWARD TOE-HEEL STRUTS TWICE, SHUFFLE BACK, ROCK-RECOVER

- 1-2 Step right toe forward, drop right heel to floor
- 3-4 Step left toe forward, drop left heel
- 5&6 Shuffle back right, left, right
- 7-8 Rock back on left foot, recover weight onto right

TOE-HEEL STRUTS BACK TWICE, SHUFFLE FORWARD, ROCK-RECOVER

- 1-2 Step left toe back, drop left heel
- 3-4 Step right toe back, drop right heel to floor
- 5&6 Shuffle forward left, right, left
- 7-8 Rock forward on right foot, recover weight onto left

¼ TURN RIGHT & CHASSE, ¼ TURN RIGHT & STEP-SWAY, CHASSE LEFT, ¼ TURN RIGHT TWICE

- & On ball of left foot make ¼ turn right
- 1&2 Step right foot to right side, step left beside right, step right foot to right side
- &3-4 On ball of right foot make ¼ turn right and step left foot forward swaying hips left, right
- 5&6 Step left foot to left side, step right beside left, step left to left side
- 7-8 Step right foot ¼ turn right, on ball of right step ¼ turn right while stepping left beside right

FORWARD SHUFFLE, PADDLE TURN ¼ TURN RIGHT TWICE, KICK-KICK

- 1&2 Shuffle forward on right, left, right
- 3-4 Step left foot forward, pivot ¼ turn right
- 5-6 Step left foot forward, pivot ¼ turn right
- 7-8 Kick left foot forward twice to right diagonal

JAZZ BOX WITH ¼ TURN LEFT, SCUFF RIGHT, TOE TOUCHES, SWITCH SIDE & SIDE

- 1-2 Cross left foot over right, step right foot back into ¼ turn left
- 3-4 Step left beside right, scuff right forward
- 5-6 Touch right toe forward, touch right toe to right side
- &7&8 Step right in place, touch left toe to left side, step left beside right, touch right toe to right side

MODIFIED MONTEREY ¼ TURN LEFT WITH HITCH, STEP, TOE TOUCHES, TOE-HEEL STRUTS

- 1-2 On ball of left make ¼ turn left - while hitching right, step right beside left
- 3&4 Touch left toe to left side, touch left beside right, touch left to left
- 5-6 Step left toe across right, drop left heel to floor
- 7-8 Step right toe to right side, drop right heel to floor

ROCK-RECOVER, CHASSE ¼ TURN LEFT, TOE-HEEL STRUTS

- 1-2 Cross-rock left foot over right, recover onto right
- 3&4 Step left forward into ¼ turn left, step left beside right, step left forward
- 5-6 Step right toe across left, drop right heel to floor
- 7-8 Step left toe to left side, drop left heel to floor

ROCK-RECOVER, SHUFFLE ¾ TURN RIGHT, CHASSE LEFT, ROCK-RECOVER

- 1-2 Cross-rock right foot over left, recover weight onto left
- 3&4 Step right foot to right side, step left beside right, step right foot to right side

5&6 Step left foot to left side, step right beside left, step left to left side
7-8 Rock right foot back behind left, recover weight onto left

REPEAT

OPTIONAL ENDING

To end the dance facing front, after count 18 (chasse right), you'll be facing the 3:00 wall. On ball of right foot make $\frac{1}{4}$ turn left, stepping left foot to left side & hold
