

Healy's Hornpipe

COPPER KNOB
BY STEPHEN METZ

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Maggie Gallagher (UK)

Musique: Dance of Love - Ronan Hardiman



CROSS ROCK, STEP, CROSS, STEP, STEP, ROCKS, ¼ TURN, SHUFFLE RIGHT-LEFT-RIGHT

- 1-2 Cross rock right over left. Rock back onto left
&3 Step to right side, cross left over right
4 Step right to right side
&5 Step left next to right, rock right to right side
6 Rock left to left side in place
7 ¼ turn right, step right forward
&8 Step left in place, step right forward

SCUFF, STOMP, ¼ TURN RIGHT, SCUFF, STOMP, SAILOR SHUFFLE, TOE, HOLD

- 9-10 Scuff left forward, stomp left forward
11-12 ¼ right, scuff right forward, stomp right forward
13& Cross left behind right, step right to right side
14 Step left in place
15 Touch right toe behind left (weight on left)
16 Hold

Arms: left arm to diagonally point down to left side. Right elbow bent, arm to left side, pointing downwards as well. This lasts for a count of four

Should now be facing back wall

STOMP RIGHT, STOMP LEFT, HEELS OUT, IN, OUT, IN

- 17-18 Stomp right keeping it behind left. Stomp left foot in front of right
&19 Bring heels out to side, then back in
&20 Bring heels out to side, then back in

Left foot should still be in front to right

¼ RIGHT, STOMP RIGHT IN FRONT OF LEFT, STOMP LEFT BEHIND RIGHT, HEELS OUT, IN, OUT, IN

- 21 ¼ turning right, stomp right in front of left

Right arm to diagonally point down to right side. Left elbow bent, arms to right side pointing downwards as well

- 22 Stomp left behind right
&23 Bring heels out to side, then back in
&24 Repeat, bring heels out to side, then back in

Right should now be in front of left

RUNNING STEP BALLS ON RIGHT (LIKE IN DANCING VIOLINS)

- 25 Step forward on right
& Step on ball of left behind right
26& Step forward on right, step on ball of left behind right
27& Step forward on right, step on ball of left behind right
28 Step forward on right

½ TURN RIGHT, RONDE LEFT ROUND, SHUFFLE LEFT FORWARD

- 29-30 Ronde left foot around ½ turning right at same time
31&32 Step forward left, step right in place, step forward left

REPEAT

