

Headliner

Compte: 32

Mur: 4

Niveau: Improver



Chorégraphe: Janet Mutlow

Musique: Coup De Boule - La Plage

Dedicated to Susan

NOD HEAD X 4, FULL PADDLE TURN LEFT

- 1-4 Stand in place: nod head to front, to left, to right, to front
5&6&7&8 Step forward left, make a full turn left using a series of ball changes almost on the spot (end right behind left)

Simplified counts 5-8:

- 5&6&7&8 Make a full turn left by stepping alternately left-right-left-right-left-right-left (end right behind left)

SIDE SWITCHES X 4, JAZZ BOX, TOUCH

- 1&2&3&4 Touch right out to right side, step right beside left, touch left out to left side, step left beside right, touch right out to right side, step right beside left, touch left out to left side
5-6-7 Cross left over right, step back on right, step left to left side
8 Touch right beside left

FORWARD HEEL SWITCHES X 4, SWING JUMPS X 4

- 1&2&3&4 Touch right heel forward, step right beside left, touch left heel forward, step left beside right, touch right heel forward, step right beside left, touch left heel forward
5-6-7-8 Jump forward on to left releasing right back, jump back on to right releasing left forward, jump forward on to left releasing right back, jump back on to right releasing left forward with a swinging motion

JAZZ BOX, TOUCH, FORWARD HEEL SWITCHES HOLD, STEP HEEL SWIVEL ¼ TURN RIGHT

- 1-2-3 Cross left over right, step back on right, step left to left side
4 Touch right beside left
5&6& Touch right heel forward, step right beside left, touch left heel forward, hold
7-8 Step right beside left, swivel on both heels ¼ turn right

REPEAT