

# Head Over Heels

**Compte:** 32

**Mur:** 2

**Niveau:** Improver

**Chorégraphe:** Moses Bourassa Jr. (USA) & Barbara Frechette (USA)

**Musique:** Head Over Heels - ABBA



## **TOE TOUCHES, COASTER STEPS**

- 1-2 Touch left toe forward, touch left toe to the side
- 3&4 Step back on left, step back on right, step forward on left
- 5-6 Touch right toe forward, touch right toe to the side
- 7&8 Step back on right, step back on left, step forward on right

## **ROCK STEP, RECOVER, COASTER STEP, TOE-STRUTS**

- 1-2 Rock forward on left, recover on right
- 3&4 Step back on left, step back on right, step forward on left
- 5-6 Touch right toe forward, step down on right heel
- 7-8 Touch left toe forward, step down on left heel

## **CROSS ROCK STEPS, RECOVER, MODIFIED SAILOR SHUFFLE, MAMBO STEPS**

- 1-2 Cross rock in front with right, recover on left
- 3 Step right behind left making  $\frac{1}{4}$  turn to the right
- &4 Step left to side, step right to right side
- 5&6 Rock left to side, recover, step left in place
- 7&8 Rock right to side, recover, step right in place

## **TOE STRUT, KICK-BALL-CHANGE, ROCK STEP, RECOVER, SHUFFLE TURNING $\frac{1}{4}$ TO THE RIGHT**

- 1-2 Touch left toe forward, step down on left heel
- 3&4 Right kick-ball-change
- 5-6 Rock forward on right, recover on left
- 7 Step right making  $\frac{1}{4}$  turn to the right
- &8 Step quickly with left next to right, step right to right side

## **REPEAT**

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