

Head Over Heels

Compte: 32

Mur: 2

Niveau: Improver

Chorégraphe: Moses Bourassa Jr. (USA) & Barbara Frechette (USA)

Musique: Head Over Heels - ABBA



TOE TOUCHES, COASTER STEPS

- 1-2 Touch left toe forward, touch left toe to the side
- 3&4 Step back on left, step back on right, step forward on left
- 5-6 Touch right toe forward, touch right toe to the side
- 7&8 Step back on right, step back on left, step forward on right

ROCK STEP, RECOVER, COASTER STEP, TOE-STRUTS

- 1-2 Rock forward on left, recover on right
- 3&4 Step back on left, step back on right, step forward on left
- 5-6 Touch right toe forward, step down on right heel
- 7-8 Touch left toe forward, step down on left heel

CROSS ROCK STEPS, RECOVER, MODIFIED SAILOR SHUFFLE, MAMBO STEPS

- 1-2 Cross rock in front with right, recover on left
- 3 Step right behind left making $\frac{1}{4}$ turn to the right
- &4 Step left to side, step right to right side
- 5&6 Rock left to side, recover, step left in place
- 7&8 Rock right to side, recover, step right in place

TOE STRUT, KICK-BALL-CHANGE, ROCK STEP, RECOVER, SHUFFLE TURNING $\frac{1}{4}$ TO THE RIGHT

- 1-2 Touch left toe forward, step down on left heel
- 3&4 Right kick-ball-change
- 5-6 Rock forward on right, recover on left
- 7 Step right making $\frac{1}{4}$ turn to the right
- &8 Step quickly with left next to right, step right to right side

REPEAT
