Hawaiian Cowboy Boogie Aerobics



Compte: 28 Mur: 4 Niveau: Beginner

Chorégraphe: Unknown

Musique: Suspicious Minds - Dwight Yoakam



This dance is done mainly with your hands.

HANG LOOSE

1-2 "Hang loose" on right hand waving it twice, left hand on buckle3-4 "Hang loose" on left hand waving it twice, right on buckle

HELLO-HELLO

5-6 "Hello-hello" roll right palm in side twice, other on buckle7-8 "Hello-hello" roll left palm in side twice, other on buckle

ROLL BOTH HANDS

9-10 Roll both hands in right side
11-12 Roll both hands in center
13-14 Roll both hands in left side
15-16 Roll both hands in center

WINK LIKE A QUEEN

17-18 "Wink-wink" wave with right hand twice, other taps buckle
19-20 "Wink-wink" wave with left hand twice, other taps buckle

SLIDES

21-22 Slide right hand down your right behind 23-24 Slide left hand down your left behind

JUMPS

Jump forward on both feet Jump forward on both feet

27 Jump forward turning ¼ to the left and clap hands together

28 Jump forward and clap hands together

REPEAT

Styling: move hips the "Hawaiian way" all through the dance, this is what the dance is about, roll, shake, bump your hips!