Happy Trails



Compte: 32 Mur: 1 Niveau: Intermediate

Chorégraphe: Meeco (JP)

Musique: Happy Trails - Teruaki Fukuhara



SKATE, SKATE, FORWARD, ROCK BACK, BACKWARD COASTER

1-2 Slide right foot forward at a slight angle to right for two counts (as if ice skating)

Option: push right arm up & forward a little lower as if "come back to me"

3-4 Slide left foot forward at a slight angle to left for two counts (as if ice skating)

Option: push up your left arm forward, same as 1-2

5-6 Step right foot forward, rock back onto left foot

7&8 Step right foot backward, step left foot next to right foot, step right foot forward

Option: 5-8 push right arm up & forward on shoulder level, as if "I will miss you"

FORWARD, BACK BACKWARD COASTER, FORWARD, ROCK BACK ½ TURN RIGHT, ½ TURNING SHUFFLE

1-2 Step left foot forward, rock back onto right foot

3&4 Step left foot backward, step right foot next to left foot, step left foot forward

Option: push your left arm up & forward on shoulder level, as if "I will miss you"

5-6 Step right foot forward, rock back onto left foot turning ½ to right

7&8 Step right foot forward, close left foot next to right foot make a ½ turn right to right, step right

foot forward (facing front)

SAMBA TWICE, FORWARD, REPLACE, BACK, LOCK, BACK

Cross step left foot over right foot, step right foot to right side, recover weight on to left foot

Cross step right foot over left foot, step left foot to left side, recover weight on to right foot

Step left foot forward, rock hook onto right foot

5-6 Step left foot forward, rock back onto right foot

7&8 Step left foot backward, step right foot back across left foot (lock step feet together), step left

foot backward

SAILOR X 4

Step right foot across behind left foot, step on ball of left to the side replace weight stepping

slightly forward on to right foot

3&4 Step left foot across behind right foot, step on ball of right foot to the side, replace weight

stepping slightly forward on to left foot

5&6 Repeat 1&2 7&8 Repeat 3&4

REPEAT

ENDING

When the singer starts singing slower

WALK BACKWARD & HOLD, WALK BACK & TOUCH

1-4 Step right foot backward, hold, step left foot backward, hold

5-8 Step right foot backward, hold, touch left foot toe beside instep right foot

WALK FORWARD & HOLD, WALK FORWARD & TOUCH

1-4 Step left foot forward, hold, step right foot forward, hold

5-8 Step left foot forward, hold, touch right foot toe beside instep left foot

SKATE, SKATE, FORWARD, ROCK BACK, BACKWARD COASTER

1-2 Slide right foot forward at a slight angle to right for two counts (as if ice skating)
3-4 Slide left foot forward at a slight angle to left for two counts (as if ice skating)

5-6	Step right foot forward, rock back on left foot
7&8	Step right foot backward, step left foot beside right foot, step right foot forward
FORWARD, 1/4	PIVOT
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1-2	Step left foot forward, make ¼ pivot turn right taking weight on to right foot
3-4	(Repeat 1-2)
5-6	Step left foot forward, make ½ pivot turn right taking weight on to right foot
7-8	Step left foot beside right foot, hold (facing front)

BACKWARD CIRCLE SWEEP TWICE, LOCK

1-2	Circle sweep step right foot backward
3-4	Circle sweep step left foot backward
5-6	Step right foot back across left foot (lock step feet together) until music stops