

# Here We Go!

**Compte:** 28

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Nancy Morgan (USA)

**Musique:** Here We Go - \*NSYNC



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## **FORWARD ROCK, COASTER STEP, FORWARD ROCK COASTER STEP**

- 1-2 Step right foot forward shifting weight to right then back to left  
3&4 Step back on right, step back on left, step forward on right  
5-6 Step left forward shifting weight to left then back to right  
7&8 Step back on left, step back on right, step forward on left

## **KICK AND KICK AND KNEE ROLL WITH QUARTER TURN, KICK AND KICK AND KNEE ROLL WITH QUARTER TURN**

- 1&2& Put right heel forward, quickly put right next to left and left heel forward, quickly put left next to right  
3-4 Roll your right knee from inside of left leg to outside of right as you do a quarter turn to your right (bend knees slightly and roll on ball of foot setting weight down on heel, it helps!)  
5&6& Put right heel forward, quickly put right next to left and left heel forward, quickly put left next to right  
7-8 Roll your right knee from inside of left leg to outside of right as you do a quarter turn to your right (bend knees slightly and roll on ball of foot setting weight down on heel, it helps!)

## **KICK AND KICK AND TOE IN AND TOE IN, KICK AND KICK AND TOE TOUCH, AND TOE TOUCH**

- 1&2& Put right heel forward, quickly put right next to left and left heel forward, quickly put left next to right  
3&4& Put your right toe in towards your left in-step quickly put your right foot next to your left and put your left toe in towards your right in-step, quickly put your left foot next to your right  
5&6& Put right heel forward, quickly put right next to left and left heel forward, quickly put left next to right  
7&8 Put your right toe out to right side, quickly put your right foot next to your left and put your left toe to your left side

## **TOUCH FOR THREE COUNTS WITH QUARTER TURN TO RIGHT, THEN STOMP**

- 1-4 Touch left toe three times as you move  $\frac{1}{4}$  turn to your right, stomp left next to right

**REPEAT**

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