

Heckel And Jeckel

Compte: 64

Mur: 2

Niveau: Improver

Chorégraphe: Karen Fishback (USA)

Musique: Heckel and Jeckel - George Jones



2 FORWARD SHUFFLES, ROCKING CHAIR

1&2-3&4 Right step, together, step, left step, together step

5-8 Rock forward on right, center on left, back on right, center on left

SHUFFLE, ½ PIVOT, SHUFFLE, SIDE ROCK, RECOVER

1&2 Right step, together, step

3-4 Step forward on left and pivot ½ changing weight to right

5&6 Left step, together, step

7-8 Rock to right on right, recover back onto left

SYNCOPATED VINE RIGHT, 2 HEEL, TOES

1-2&3-4 Step right, step behind with left, step right, step in front with left, step right with right

5-8 With left, touch heel to front, toe back, repeat

SYNCOPATED VINE LEFT, 2 HEEL TOES

1-8 As above to left

2 FORWARD SHUFFLES, TURNING SHUFFLE, ROCK, RECOVER

1&2-3&4 Right step, together, step, left step, together, step

5&6 Shuffle, turning ½ to right

7-8 Rock back on left, recover on right

2 FORWARD SHUFFLES, TURNING SHUFFLE, ROCK, RECOVER

1-8 As above except starting on left

4 SIDE TOUCH, CROSS STEP

1-8 Touch right to right side, cross right in front of left; touch left to left, cross in front of right; repeat

PADDLE TURN

1-8 With right push ¼ turn to left, 4 times to make a complete turn

REPEAT

RESTART

After 2 times through the dance (one verse, one chorus) there is a 16 count instrumental break; do the first 16 counts, then start over on vocal

TAG

After 4 times through the dance (plus the start over) the music slows for 32 counts:

1-8 Vine right, 2 heel toes, (same as syncopated vine sequence except use a straight vine)

1-8 Vine left, 2 heel toes

1-8 Side touch, cross (as above)

1-8 Paddle turn (as above)