

# Hole In My Head

**Compte:** 32

**Mur:** 4

**Niveau:** Intermediate



**Chorégraphe:** Vivienne Scott (CAN)

**Musique:** Hole in My Head - The Chicks

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## RIGHT SHUFFLE, LEFT SHUFFLE, TWO RIGHT SIDE HITCHES

- 1&2 Right shuffle, (right, left, right)
- 3&4 Left shuffle, (left, right, left)
- 5&6 Hitch right knee in front of left, step right foot to right side, step left foot beside right
- 7&8 Hitch right knee in front of left, step right foot to right side, step left foot beside right

## FOUR PUSH TURNS USING HIPS WITH CLAPS, TO LEFT, MAKING A 1 ½ TURN

- 9-10 Step right across left, diagonal to left, push off, clap
- 11-12 Step right across left, diagonal to left, push off, clap
- 13-14 Step right across left, diagonal to left, push off, clap
- 15-16 Step right across left, diagonal to left, push off, clap

## RIGHT FORWARD SHIMMY, LEFT FORWARD SHIMMY, ROLLING GRAPEVINE TO RIGHT

- 17-18 Shimmy forward onto right foot, hands at waist high slightly out to side, palms down
- 19-20 Shimmy forward onto left foot, hands at waist high slightly out to side, palms down
- 21-24 Step right to right side, cross left over right with ½ turn to right, cross right over left with ½ turn to right, step left beside right

## HEEL GRIND, ½ TURN, RIGHT SHUFFLE, KICK LEFT FOOT FORWARD, TO LEFT SIDE, UNWIND ¾ TURN TO LEFT

- 25-26 Rock forward on right heel, grinding heel
- 27&28 ½ Turn to right with right shuffle (right, left, right)
- 29 Kick left foot forward
- 30 Kick left foot to left side
- 31-32 Cross left foot behind right, unwind ¾ turn left, putting weight onto left

**REPEAT**

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