

# Holding Out (For A Hero)

**Compte:** 64

**Mur:** 2

**Niveau:** Intermediate

**Chorégraphe:** Gaye Teather (UK)

**Musique:** Holding Out for a Hero - Bonnie Tyler



## **CHASSE RIGHT, ROCK BACK, SIDE-BEHIND, SHUFFLE ¼ TURN LEFT**

- 1&2 Step right to right side, close left beside right, step right to right  
3-4 Rock back on left foot, recover onto right  
5-6 Step left to left side, cross right behind left  
7&8 Step left foot ¼ turn left, close right beside left, step forward on left (9:00)

## **POINT-CROSS, POINT-CROSS, POINT, ½ TURN RIGHT, POINT, TOUCH**

- 9-10 Point right toe to right side, cross step right over left  
11-12 Point left toe to left side, cross step left over right  
13-14 Point right toe to right side, make ½ turn right on ball of left stepping right beside left  
15-16 Point left toe to left side, touch left toe beside right foot (3:00)

## **ROCK BACK, LEFT SHUFFLE FORWARD, FULL TURN LEFT, RIGHT SHUFFLE FORWARD**

- 17-18 Rock back on left foot, recover onto right  
19&20 Step forward on left, close right beside left, step forward on left  
21-22 ½ turn left stepping back on right, ½ turn left stepping forward on left  
23&24 Step forward on right, close left beside right, step forward on right (3:00)

## **STEP, ¼ TURN RIGHT, CROSS SHUFFLE, RIGHT WEAVE**

- 25-26 Step forward on left, turn ¼ right  
27&28 Cross left over right, step right to right, cross left over right  
29-30 Step right to right, cross left behind right  
31-32 Step right to right, cross left over right (6:00)

## **SIDE ROCK, CROSS SHUFFLE, SIDE-BEHIND, ¼ TURN LEFT, STEP**

- 33-34 Rock right to right side, recover onto left  
35&36 Cross right over left, step left to left, cross right over left  
37-38 Step left to left, cross right behind left  
39-40 Step left foot ¼ turn left, step forward on right (3:00)

## **FORWARD ROCK, BACK, HOLD & CLAP, JAZZ JUMPS BACK X 3, HOLD & CLAP**

- 41-42 Rock forward on left, recover onto right  
43-44 Step back on left, hold and clap  
&45 Small jump step back on right, step left beside right  
&46&47 Repeat steps & 45 twice more  
48 Hold and clap (3:00)

## **¼ MONTEREY TURN RIGHT, FULL ROLLING TURN LEFT**

- 49-50 Point right toe to right side, on ball of left turn ¼ right stepping right beside left  
51-52 Point left toe to left side, touch left beside right  
53-54 Step left foot ¼ left, make ½ turn left stepping back on right  
55-56 Turn ¼ left stepping left to left side, touch right beside left (6:00)

## **CHASSE RIGHT, ½ TURN RIGHT, CLAP, ½ TURN RIGHT, CLAP, CROSS, CLAP**

- 57&58 Step right to right side, close left beside right, step right to right  
59-60 Make ½ turn right stepping left to left side, hold and clap

61-62

Make ½ turn right stepping right to right side, hold and clap

63-64

Cross step left over right, hold and clap

**REPEAT**

---