

Hold On Tight!

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Sherry Heier (USA)

Musique: Play It Loud - Chris Cagle



RIGHT KICK, CROSS, TOUCH; LEFT KICK, CROSS TOUCH; CROSS, UNWIND; HIP BUMPS

- 1&2 Kick right foot forward, cross right over left, touch left out to left side
- 3&4 Kick left foot forward, cross left over right, touch right out to right side
- 5-6 Cross right over left; unwind $\frac{1}{2}$ turn to left
- 7&8 Bump hips, left, right, left

RIGHT VINE; LEFT SAILOR STEP; RIGHT SAILOR STEP WITH $\frac{1}{4}$ TURN TO RIGHT

- 1-2 Step right to right side; cross left behind right
- 3-4 Step right to right side; touch left next to right
- 5&6 Left sailor step
- 7&8 Right sailor step turning $\frac{1}{4}$ turn to right

LEFT SHUFFLE FORWARD; RIGHT $\frac{1}{2}$ TURN; RIGHT $\frac{1}{2}$ TURN SHUFFLE, LEFT $\frac{1}{2}$ TURN SHUFFLE

- 1&2 Left shuffle forward
- 3-4 Step forward on right; pivot $\frac{1}{2}$ turn to left
- 5&6 Right $\frac{1}{2}$ turn shuffle (turning to left)
- 7&8 Left $\frac{1}{2}$ turn shuffle (turning to left)

RIGHT ROCK STEP; STEP BACK & CLAP; RIGHT BODY ROLL; LEFT BODY ROLL

- 1-2 Rock forward on right; recover weight back onto left
- &3-4 Step back right; step left next to right (shoulder width apart); clap
- 5-6 Right side body roll
- 7-8 Left side body roll

REPEAT
