

# Hold On Tight!

**Compte:** 32

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Sherry Heier (USA)

**Musique:** Play It Loud - Chris Cagle



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## **RIGHT KICK, CROSS, TOUCH; LEFT KICK, CROSS TOUCH; CROSS, UNWIND; HIP BUMPS**

- 1&2 Kick right foot forward, cross right over left, touch left out to left side
- 3&4 Kick left foot forward, cross left over right, touch right out to right side
- 5-6 Cross right over left; unwind  $\frac{1}{2}$  turn to left
- 7&8 Bump hips, left, right, left

## **RIGHT VINE; LEFT SAILOR STEP; RIGHT SAILOR STEP WITH $\frac{1}{4}$ TURN TO RIGHT**

- 1-2 Step right to right side; cross left behind right
- 3-4 Step right to right side; touch left next to right
- 5&6 Left sailor step
- 7&8 Right sailor step turning  $\frac{1}{4}$  turn to right

## **LEFT SHUFFLE FORWARD; RIGHT $\frac{1}{2}$ TURN; RIGHT $\frac{1}{2}$ TURN SHUFFLE, LEFT $\frac{1}{2}$ TURN SHUFFLE**

- 1&2 Left shuffle forward
- 3-4 Step forward on right; pivot  $\frac{1}{2}$  turn to left
- 5&6 Right  $\frac{1}{2}$  turn shuffle (turning to left)
- 7&8 Left  $\frac{1}{2}$  turn shuffle (turning to left)

## **RIGHT ROCK STEP; STEP BACK & CLAP; RIGHT BODY ROLL; LEFT BODY ROLL**

- 1-2 Rock forward on right; recover weight back onto left
- &3-4 Step back right; step left next to right (shoulder width apart); clap
- 5-6 Right side body roll
- 7-8 Left side body roll

**REPEAT**

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