

# Hit Me Up

**Compte:** 32

**Mur:** 4

**Niveau:** Improver hip hop

**Chorégraphe:** Kerly Luige (EST)

**Musique:** Hit Me Up (Radio Edit) - Gia Farrell



**When the lyrics start, wait 16 counts and then start dancing**

## **SIDE-ROCK ¼ TO LEFT-TOGETHER, SIDE-ROCK-TOGETHER, 2X STEP-KICK-BACK-TOGETHER**

- 1&2            Rock right to right side facing ¼ to left, recover weight on left facing the front wall again, step together with right
- 3&4            Rock left to left side, recover weight on right, step together with left
- 5&6&          Step right forward, kick left forward, step left back, step together with right
- 7&8&          Step left forward, kick right forward, step right back, step together with left

## **CHARLESTON-STEP, SIDE-ROCK-BOX-STEP ¼ TO RIGHT WITH CHEST PRESS**

- 1-2            Step right forward, touch left forward
- 3-4            Step left back, touch right back
- 5&            Rock right to right side, recover weight on left foot
- 6&            Step right across left, step left back making ¼ turn to right
- 7&8            Step right to right side, press your chest forth and shoulders back twice

## **STEP-LOCK-STEP-LOCK-STEP-LOCK-STEP-LOCK, 2X BODY-ROLL WITH CLAP**

- 1&2&          Step right forward, lock left behind right, step right forward, lock left behind right
- 3&4&          Step right forward, lock left behind right, step right forward, lock left behind right

**During the step-locks keep your knees slightly bent**

- 5&6            Lean upper body to right side bending right knee, recover to upright & clap
- 7&8            Lean upper body to left side bending left knee, recover to up left & clap

## **CROSS-TOUCH-BEHIND-TOUCH, CROSS-SHUFFLE-STEP, PIVOT-TURN ½, 2X KICK & STEP**

- 1&            Step right across left, touch left to left side
- 2&            Step left behind right, touch right to right side
- 3&4&          Step right across left, step left to left side, step right across left, step left to left side
- 5-6            Step right forward, make a ½ turn to left
- 7&            Kick right forward, step right forward
- 8&            Kick left forward, step left forward

**REPEAT**

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