

# Highland Reggae

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Peter Metelnick (UK)

Musique: The Highland Reggae - Dr MacDoo



Start on chorus after 1st 32 counts of vocals

## RIGHT SHUFFLE FORWARD, LEFT SYNCOPATED ROCK STEP WITH $\frac{3}{4}$ TURN LEFT, RIGHT & LEFT SIDE ROCK/CROSS OVER

- 1&2 Step right foot forward, step left foot next to right, step right foot forward
- 3&4 Rock left foot forward, recover weight on right foot, turn  $\frac{1}{2}$  left stepping left foot forward
- 5&6 Pivot  $\frac{1}{4}$  left on left foot and rock right foot to right side completing  $\frac{3}{4}$  left turn, recover weight on left foot, cross step right foot over left
- 7&8 Rock left foot to left side, recover weight on right foot, cross step left foot

## RIGHT ROCK FORWARD & RECOVER, RIGHT BACK & LEFT HEEL FORWARD, HOLD & CLAP 2X - REPEAT 2X

- 1-2 Rock right foot forward, recover weight on left foot
- &3&4 Step right foot back, touch left heel forward, hold & clap twice
- &5-6 Step left foot together, rock right foot forward, recover weight on left foot
- &7&8 Step right foot back, touch left heel forward, hold & clap twice

## LEFT TOGETHER, RIGHT ROCK FORWARD & RECOVER, $\frac{1}{2}$ RIGHT & RIGHT SHUFFLE FORWARD, 2 $\frac{1}{4}$ LEFT HITCH TURNS, LEFT CROSS ROCK & RECOVER

- &1-2 Step left foot together, rock right foot forward, recover weight on left foot
- 3&4 Turning  $\frac{1}{2}$  right step right foot forward, step left foot together, step right foot forward
- &5 Turning  $\frac{1}{4}$  right on right foot lift left foot, touch left toes to left
- &6 Turning  $\frac{1}{4}$  right on right foot lift left foot, touch left toes to left
- 7&8 Cross rock left foot over right, recover weight on right foot, step left foot to left

## RIGHT CROSS ROCK & RECOVER WITH $\frac{1}{4}$ RIGHT, LEFT CROSS ROCK & RECOVER, RIGHT JAZZ BOX WITH $\frac{1}{4}$ RIGHT

- 1&2 Cross rock right foot over left, recover weight on left foot, turning  $\frac{1}{4}$  right step right foot to right
- 3&4 Cross rock left foot over right, recover weight on right foot, step left foot to left
- 5-6 Cross step right foot over left, step left foot back
- 7-8 Turning  $\frac{1}{4}$  right step right foot to right side, step left foot together

REPEAT

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