

# Higher Ground

Compte: 0

Mur: 2

Niveau: Intermediate/Advanced



Chorégraphe: Linda Mikkström

Musique: Higher Ground - Sanne Salomonsen

Sequence: A, A, B, C, C, TAG 1, A, B, C, C, TAG 2, C, C, ENDING

## PART A

### KICK BALL CROSS, ROCK RIGHT, CROSS SHUFFLE LEFT, ROCK LEFT

- 1&2 Kick right forward, step right beside left, cross left over right  
3-4 Rock to right side on right, rock onto left in place  
5&6 Cross right over left, step left to left side, cross right over left  
7-8 Rock to left side on left, rock onto right in place

### KICK BALL CROSS, ROCK LEFT, CROSS SHUFFLE RIGHT, ROCK RIGHT

- 1&2 Kick left forward, step left beside right, cross right over left  
3-4 Rock to left side on left, rock onto right in place  
5&6 Cross left over right, step right to right side, cross left over right  
7-8 Rock to right side on right, rock onto left in place

### STEP SIDE, TOGETHER, CHASSE ¼ TURN RIGHT, STEP ¾ TURN, CHASSE LEFT

- 1-2 Step right to right side, step left beside right  
3&4 Step right to right side, step left beside right, turn ¼ to right step right foot forward  
5-6 Step left forward, turn ¾ to right  
7&8 Step left to left side, step right beside left, step left to left side

### KICK, KICK, COASTER CROSS, SIDE, TOGETHER, CHASSE LEFT

- 1-2 Kick right toe forward, kick right toe to right side  
3&4 Cross right behind left, step left to left, cross right over left  
5-6 Step left to left side, right beside left  
7&8 Step left to left side, right beside left, left to left side

## PART B

### ROCK FORWARD, COASTER STEP, ROCK FORWARD, COASTER STEP

- 1-2 Rock forward on right, rock back onto left  
3&4 Step back on right, step left beside right, step forward on right  
5-6 Rock forward on left, rock back onto right  
7&8 Step back on left, step right beside left, step forward on left

### CROSS, TOUCH, CROSS, TOUCH, CROSS, BACK, STOMP TWICE

- 1-2 Cross right in front of left, touch left toe out to left side  
3-4 Cross left in front of right, touch right toe out to right side  
5-6 Cross right in front of left, step back on left  
7-8 Stomp right beside left twice

## PART C

### CROSS SHUFFLE, ROCK LEFT, CROSS SHUFFLE, ROCK RIGHT

- 1&2 Cross right over left, step left to left side, cross right over left  
3-4 Rock to left side on left and clap, rock onto right in place and clap  
5&6 Cross left over right, step right to right side, cross left over right  
7-8 Rock to right side on right and clap, rock onto left in place and clap

### **STOMP, CLAP, STOMP, CLAP, CROSS, BACK, STOMP TWICE**

- 1-2 Step forward on right, clap
- 3-4 Step forward on left, clap
- 5-6 Cross right over left, step back on left
- 7-8 Stomp right beside left twice

### **ROLLING VINE TO RIGHT, TOUCH, ROLLING WINE TO LEFT, TOUCH**

- 1-2 Make  $\frac{1}{4}$  turn right and step forward on right, make  $\frac{1}{2}$  turn right and step back on left
- 3-4 Make  $\frac{1}{4}$  turn right and step right foot to right side and clap, touch left toe next beside right and clap
- 5-6 Make  $\frac{1}{4}$  turn left and step forward on left, make  $\frac{1}{2}$  turn left and step back on right
- 7-8 Make  $\frac{1}{4}$  turn left and step left foot to left side and clap, touch right toe beside left and clap

### **3 HIP ROLLS, STOMP TWICE**

- 1-2 Step right forward, roll hips to the left into a  $\frac{1}{4}$  turn left
- 3-4 Step right forward, roll hips to the left into a  $\frac{1}{4}$  turn left
- 5-6 Step right forward, roll hips to the left into a  $\frac{1}{4}$  turn left
- 7-8 Stomp right beside left twice

**Wave right arm in the air on vocals "round and round and round" (1-6)**

### **TAG 1**

#### **OUT, OUT, HANDS ON HIPS, BUMP HIPS RIGHT, LEFT, RIGHT, LEFT**

- 1-2 Step right to right side, step left to left side
- 3-4 Put right hand on right hip, put left hand on left hip
- 5-6 Bump hips right, bump hips left
- 7-8 Bump hips right, bump hips left

### **TAG 2**

#### **OUT, OUT, HANDS ON HIPS, BUMP HIPS RIGHT, LEFT, RIGHT, LEFT**

- 1-2 Step right to right side, step left to left side
- 3-4 Put right hand on right hip, put left hand on left hip
- 5-6 Bump hips right, bump hips left
- 7-8 Bump hips right, bump hips left

#### **OUT, OUT, HANDS ON HIPS, BUMP HIPS RIGHT, LEFT, RIGHT, LEFT**

- 1-2 Step right to right side, step left to left side
- 3-4 Put right hand on right hip, put left hand on left hip
- 5-6 Bump hips right, bump hips left
- 7-8 Bump hips right, bump hips left

#### **BUMP HIPS RIGHT, LEFT, RIGHT, LEFT**

- 1-2 Bump hips right, bump hips left
- 3-4 Bump hips right, bump hips left

### **ENDING**

**Put right foot across left, turn  $\frac{1}{2}$  to left and put both arms up in the air (facing the beginner wall)**

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