

# Hot Legs

Compte: 0

Mur: 4

Niveau: Intermediate

Chorégraphe: Kim Swan (UK)

Musique: Hot Legs - Rod Stewart



Sequence AB, AB, ABBA, B to the end

## PART A

### TRAVELING RIGHT HEEL BALL CROSSES, ROCK, ¼ LEFT SAILOR TURN

- 1&2 Touch right heel forward at 45 degrees, step right back in place, step onto left across right
- 3&4 Touch right heel forward at 45 degrees, step right back in place, step onto left across right
- 5-6 Rock to right side, recover weight onto left
- 7&8 Step right behind left, step left to side making ¼ turn left, step right beside left

### TRAVELING LEFT HEEL BALL CROSSES, ROCK, ¼ RIGHT SAILOR TURN

- 1&2 Touch left heel forward at 45 degrees, step left back in place, step onto right across left
- 3&4 Touch left heel forward at 45 degrees, step left back in place, step onto right across left
- 5-6 Rock to left side, recover weight onto right
- 7&8 Step left behind right, step right to side making ¼ turn right, step left beside right

### RIGHT AND LEFT SIDE STEPS WITH SHOULDER SHIMMIES OR HIP THRUSTS

- 1-4 Right step to right side, shimmying shoulders at the same time, close left next to right
- 5-8 Left step to left side, shimmying shoulders at the same time, close right next to left

### LEFT SIDE STEP WITH SHOULDER SHIMMIES, ROCK FORWARD & BACK

- 1-4 Left step to left side, shimmying shoulders at the same time, close right next to left
- 5-6 Rock forward onto right, recover weight on left
- 7-8 Rock back on right, recover weight on right

### RIGHT LOCK, RIGHT LOCK STEP, LEFT LOCK, LEFT LOCK STEP

- 1-2 Step right forward at 45 degrees, slide left up to lock behind right
- 3&4 Step right forward at 45 degrees, slide left up to lock behind right, step right forward at 45 degrees
- 5-6 Step left forward at 45 degrees, slide right up to lock behind left
- 7&8 Step left forward at 45 degrees, slide right up to lock behind left, step left forward at 45 degrees

### STEP RIGHT BACK, TOUCH & CLAP, STEP LEFT BACK, TOUCH & CLAP

- 1-2 Step right back at 45 degrees, touch left next to right and clap
- 3-4 Step left back at 45 degrees, touch right next to left and clap
- 5-8 Repeat 1-4

## PART B

### RIGHT STEP, LEFT KICKS, STEP, ROCK RIGHT, RECOVER, SAILOR STEP

- 1-2 Step right forward, kick left forward
- 3-4 Kick left to side, step down on left
- 5-6 Rock to right side, recover weight onto left
- 7&8 Cross right behind left, step left to side, step right beside left

### LEFT STEP, RIGHT KICKS, STEP, ROCK LEFT, RECOVER, SAILOR STEP

- 1-2 Step left forward, kick right forward
- 3-4 Kick right to side, step down on right

5-6 Rock to left side, recover weight onto right  
7&8 Cross left behind right, step right to side, step left beside right

**RIGHT STEP, LEFT KICKS WITH ¼ TURN LEFT, ROCK BACK, SHUFFLE**

1-2 Step right forward, kick left forward  
3-4 Turning ¼ left on ball of right, kick left forward, step down on left  
5-6 Rock back on right, recover weight onto left  
7&8 Step right forward, step left beside right, step right forward

**STEPS FORWARD WITH HOLD, STEPS OUT AND IN, STEP FORWARD, STOMPS**

1-2 Step forward on left, hold  
3-4 Step forward on right, hold  
5&6 Step left out to side, step right out to side, step left in place  
&7 Step right in place, step forward on left  
&8 Stomp right twice

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