

# Hoppin' Poppin'

**Compte:** 32

**Mur:** 4

**Niveau:** Intermediate hip hop



**Chorégraphe:** Chad Manson (UK)

**Musique:** C'mon Get It On - Studio B

## WALK X4, UPPER BODY ISOLATION

- 1-2 Step right forward, step left forward
- 3-4 Step right forward, step left to left (shoulder width apart)
- 5-8 Isolate upper body (only!) Right left, right left

**Easy option: bump hips right, left, right, left**

## RIGHT SAILOR, LEFT SAILOR ¼ LEFT, HEEL SWITCHES, HEEL HITCH SIDE

- 1&2 Cross right behind left, step left to left, step right to right
- 3&4 Cross left behind right, ¼ turn left step right to right, step left forward
- 5&6& Touch right heel forward, replace beside left, touch left heel forward, replace beside right
- 7&8 Touch right heel forward, hitch right knee, step right to right

## CROSS POINT, CROSS, ¼ RIGHT, ¼ RIGHT HITCH, SIDE, HEEL JACK, & CROSS

- 1-2 Cross left behind right, point right to right
- 3&4 Cross right over left, ¼ turn right step back left, hitch right knee making a ¼ turn right
- 5 Step right to right
- 6&7 Cross left behind right, step right to right, touch left heel forward diagonally left
- &8 Step left to left, cross right over left

## SIDE, HEEL JACK, & FORWARD, KICK OUT OUT, BODY ROLL TO LEFT

- 1 Step left to left
- 2&3 Cross right behind left, step left to left, touch right heel forward diagonally right
- &4 Replace right beside left, step left forward
- 5&6 Kick right forward, step right to right, step left to left
- 7-8 Body roll to left (weight end on left)

**REPEAT**

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