

I Feel Like A

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Tonny van Donk (NL)

Musique: Man! I Feel Like a Woman! - Shania Twain



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- | | |
|------|---|
| 1&2 | Step right to the right, cross left behind right, step in place with right foot |
| 3&4 | Step left to the left, cross right behind left, step in place with left foot |
| 5&6 | Shuffle to the right stepping right-left-right |
| 7-8 | Rock left foot backward, replace weight back on right foot |
| | |
| 1&2 | Shuffle with ½ turn to the right stepping left-right-left |
| 3&4 | Shuffle backward stepping right-left-right |
| 5-6 | Step left foot forward, touch right beside left |
| 7-8 | Step right foot forward, touch left beside right |
| | |
| &-1 | Step left diagonal left backward, touch right heel diagonal right forward |
| 2 | Left and right foot back in place |
| &3-4 | Mirror image last two counts (heel jack) |
| &-5 | Step left foot to the left side, step right foot to the right side |
| 6 | Hold and clap |
| 7&8 | Bump hips to the right-left-right |
| | |
| 1-2 | Elvis knee with left (turn knee inside), elvis knee with right (turn knee inside) |
| 3-4 | Step right forward, pivot ¼ turn to the left |
| 5&6 | Touch right toe to the right, step right beside left, touch left toe to the left |
| &7 | Step left beside right, touch right heel forward |
| &8 | Step right foot backward, cross left foot over right foot |

REPEAT
