

I Don't Need A Man

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Carina Slijters (NL)

Musique: I Don't Need a Man - The Pussycat Dolls



KICK, OUT-OUT, HIPS, CROSS, SIDE, ¼ TURN RIGHT, SHUFFLE FORWARD

- 1 Kick right foot forward
- & Step right foot next to left foot, bump hips to right
- 2 Step left foot to left, bump hips to left
- 3 Bump hips to right
- 4 Bump hips to left
- 5 Cross right foot over left foot
- & Step left foot to left
- 6 Make ¼ turn right, weight on right
- 7 Step left foot forward
- & Step right foot next to left foot
- 8 Step left foot forward

ROCK STEP, SHUFFLE ½ TURN RIGHT, PADDLE TURNS, CROSS, SIDE ROCK

- 1 Step right foot forward
- 2 Weight back to left foot
- 3 Make ¼ turn right, step right foot to right
- & Step left foot next to right foot
- 4 Make ¼ turn right, step right foot forward
- 5 Step left foot forward
- 6 Weight back to right foot
- 7 Step left foot backwards
- & Step right foot next to left foot
- 8 Step left foot forward

TOUCH, TOUCH, BEHIND, ¼ TURN LEFT, FORWARD, ROCK STEP, COASTER STEP

- 1 Point right foot forward
- 2 Point right foot to right
- 3 Cross right foot behind left foot
- & Make ¼ turn right, step left foot next to right foot
- 4 Step right foot forward
- 5 Step left foot forward
- 6 Weight back to right foot
- 7 Step left foot backwards
- & Step right foot next to left foot
- 8 Step left foot forward

WALK, WALK, BEND KNEES, ½ TURN RIGHT, JAZZ BOX WITH HITCH LEFT, CLOSE

- 1 Step right foot forward
- 2 Step left foot forward
- 3 Bend through your knees
- 4 Make ½ turn right (weight on left, straighten your knees)
- 5 Cross right foot over left foot
- 6 Step left foot backwards
- 7 Step right foot to right
- 8 Hitch left foot

& Step left foot next to right foot

REPEAT
