

# Howlin' Hips

Compte: 48

Mur: 2

Niveau:

Chorégraphe: Nancy Thompson Verbryck (USA)

Musique: My Night to Howl - Lorrie Morgan



## KICK BALL CHANGES

- 1&2 Kick right foot forward, step down on right foot, step left beside right
- 3-4 Hold for 2 counts (or tap right foot for two counts)
- 5&6 Kick left foot forward, step down on left foot, step right beside left
- 7-8 Hold for two counts (or tap left foot for two counts)

## SAILOR SHUFFLES

- 9&10 Right foot back, step on left, step right
- 11&12 Left foot back, step on right, step left

## HEELS OUT

- 13 Right heel out (like tush push)
- 14 Left heel out
- 15&16 Right heel out and clap

## HIP ROLL

- 17-20 Roll hips to left  $\frac{1}{4}$  turn (two hip rolls)
- 21 Cross right foot over left
- 23-24 Turn  $\frac{3}{4}$  to your left to face starting wall

## SHUFFLE FORWARD (LIKE TUSH PUSH)

- 25&26 Shuffle forward right, left, right
- 27 Rock forward on left
- 28 Rock back onto right
- 29&30 Turning  $\frac{1}{2}$  turn to your left, shuffle step left, right, left
- 31 Walking forward step right
- 32 Walking forward step left

## HIP BUMPS

- 33&34 Step forward right with two hip bumps to your right
- 35&36 Step forward left with two hips bumps to your left
- 37&38 Step forward right with two hip bumps to your right
- 39&40 Step forward left with two hips bumps to your left

## SHUFFLE STEPS TO THE SIDE

- 41&42 Right foot shuffle to right side right, left, right
- 43-44 Left heel out, hold for two counts
- 45&46 Left shuffle to left side left, right, left
- 47-48 Right heel out, hold for two counts

## REPEAT

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