

I Said Heel Yeah

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Paul Richardson (USA)

Musique: Redneck Woman - Gretchen Wilson



2 WALKS FORWARD, FORWARD COASTER, COASTER, POINT, HITCH, ½ TURN

- 1-2 Walk right forward, walk left forward
3&4 Step right forward, step left next to right, step right back
5&6 Step left back, step right next to left, step left forward
7&8 Point right toe to right side, hitch right foot behind left knee, make ½ turn left keeping foot to knee

SYNCOPATED VINES WITH HEEL, SIDE, HEEL, SIDE, HEEL, 3 TWISTS WITH ¼ TURN, HITCH

- 1&2& Right to right side, left behind, right to right side, left heel forward
3&4& Left to left side, right behind, left to left side, right heel forward
5&6& Step down on right, left heel forward, step down on left, right heel forward
7&8& Step right in place twisting heels right, twist heels left, make ¼ turn left twisting heels right, hitch left

2 WALKS, ½ TURN, STEP, 2 RUNS, POINT, HITCH, ¼ TURN, HITCH, STEP, HITCH

- 1-2 Walk forward left, walk forward right
3&4 Step left forward, make ½ turn right, step left forward
5&6& Small run forward right, small run forward left, touch right toe forward, hitch right knee up (slapping thigh with right hand)
7&8& Make ¼ turn right stepping right to side, hitch left foot in front of right knee (slapping foot with right hand), step left to side, hitch right foot behind left knee (slapping foot with left hand)

EXTENDED VINE, POINT, HITCH, POINT, EXTENDED VINE, ¼ TURN WITH STOMPS, HOP

- 1&2& Right to right side, left behind, right to right side, left in front
3&4 Point right to right side, hitch right, point right to right side
5&6 Right behind left, left to left side, right in front of left
7&8 Make ¼ turn left stomping left forward, stomp right next to left, small hop forward on both feet

REPEAT
