

# I May Hate Myself In The Morning

Compte: 64

Mur: 2

Niveau: Intermediate

Chorégraphe: Phil "The Hat" Stubbs (UK)

Musique: I May Hate Myself In the Morning - Lee Ann Womack



## **CROSS ROCK, SIDE CHASSE, CROSS ROCK, ¼ TURN, ½ TURN BACK**

- 1-2 Cross rock right over left, rock back on left
- 3&4 Step right to side, step left beside right, step right to side
- 5-6 Cross rock left over right, rock back on right
- 7-8 Step turn ¼ left on left, ½ pivot turn left, step back on right

## **SWEEP STEPS, COASTER STEP, ROCKS, DIAGONAL FULL ROLLING TURN TO LEFT**

- 1-2 Sweep step back on left, sweep step back on right
- 3&4 Step back on left, step right beside left, step forward on left
- 5-6 Rock back on right, rock forward on left
- 7&8 Full rolling turn diagonally left stepping right, left, right

## **SIDE ROCK, LOCK STEPS, SIDE, PIVOT ½, STEP, LOCK STEPS**

- 1-2 Rock left to side, rock back on right
- 3&4 Cross left over right, lock right behind left, step forward on left
- 5-6 Step right to side, pivot ½ turn left, step forward on left
- 7&8 Step forward on right, lock left behind right, step forward on right

## **ROCKS, LOCK STEPS, ½ TURN, STEP ½ PIVOT TURN, STEP**

- 1-2 Rock forward on left, rock back on right
- 3&4 Step back on left, lock right across left, step back on left
- 5-6 Turn ½ over right shoulder stepping right, step forward on left
- 7-8 Pivot turn ½ right, weight on right, step forward on left

## **½ MONTEREY TURN, CROSS UNWIND ½, COASTER STEP**

- 1-2 Point right to side, pivot ½ turn right, step right beside left
- 3-4 Point left to side, step left beside right
- 5-6 Cross right over left and unwind ½ over left shoulder
- 7&8 Step back on left, step right beside left, step forward on left

## **BOX STEP, SIDE CHASSE, CROSS ROCKS, STEP**

- 1-2 Cross right over left, step back on left
- 3&4 Step right to side, step left beside right, step right to side
- 5-6& Cross rock left over right, rock back on right, step left to side
- 7&8 Cross rock right over left, rock back on left, step right to side

## **BOX STEP, SIDE CHASSE, CROSS ROCK, ¼ TURN, LOCK STEPS**

- 1-2 Cross left over right, step back on right
- 3&4 Step left to side, step right beside left, step left to side
- 5-6& Cross rock right over left, rock back on left, step turn ¼ right
- 7&8 Step forward on left, lock right behind left, step forward on left

## **ROCK, COASTER STEP, ROCK, ½ TRIPLE TURN**

- 1-2 Rock forward on right, rock back on left
- 3&4 Step back on right, step left beside right, step forward on right
- 5-6 Rock forward on left, rock back on right

7&8            ½ triple turn left, stepping left, right, left

**REPEAT**

**RESTART**

(George Strait track only) at the end of wall 5, restart dance at beginning of section 5 (Monterey step)

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