If You're Going Through Hell



Compte: 32 Mur: 4 Niveau: Improver

Chorégraphe: Holly Ruschman (USA)

Musique: If You're Going Through Hell (Before the Devil Even Knows) - Rodney Atkins



SHUFFLE BACK, SHUFFLE BACK, ROCK STEP, ½ TURNING SHUFFLE

1&2-	Shuffle back, right, left, right going back, body facing diagonally right
3&4-	Shuffle back, left, right, left, going back, body facing diagonally left

5-6 Rock back on right, forward on left

7&8 Shuffle, right, left, right while turning ½ left

BACK, LOCK, BACK, TOUCH, SIDE TOGETHER, SIDE TOGETHER

1-2	Step back on left, lock right toe in front of left
3-4	Step back on left, step right toe next to left, clap
5-6	Step right to right side, touch left toe next to right, clap
7-8	Step left to left side, touch right toe next to left, clap

STEP, HOLD, STEP, STEP, HOLD, TURN, TURN, TRIPLE STEP

1-2	Step right	faat aut ta	riabt cida	hald
1-2	Step Hull	iooi oui io	HUHL SIUE.	HOIG

&3-4 Quickly step left next to right, step right to right, hold, clap
5-6 Turn ¼ left on left foot, step back on right for ½ turn left
7&8 ¼ left triple step, left, right, left, completing a full turn

HEEL, STOMP, TOE, STOMP, KICK, CROSS, HEELS UP, HEELS DOWN

1-2	Right heel forward, stomp next to left
3-4	Point right toe back, stomp next to left

5-6 Kick right foot forward, cross right toe over left shin

7-8 Bring both heels up and do ¼ turn to left, bring heels down, clap

REPEAT