

Idol Thoughts

Compte: 32

Mur: 4

Niveau: Improver social cha

Chorégraphe: Moses Bourassa Jr. (USA) & Barbara Frechette (USA)

Musique: Nothin' to Lose - Josh Gracin



SYNCOPATED VINE, ROCK STEP, CROSS CHA-CHA

- 1 Lung left to left diagonal side
- 2 Recover on right
- 3&4 Step left behind right, step right to right side, step left in front of right
- 5 Rock right to right side
- 6 Recover on left
- 7&8 Cross right over left, step left to left side, cross right over left

STEP ¼ TURN, LEFT COASTER STEP, STEP ½ MODIFIED TURN, LEFT COASTER STEP

- 9 Step left making ¼ turn to the right
- 10 Step right next to left
- 11&12 Step back on left, step back on right, step forward on left
- 13-14 Step right forward, making ½ to the left keeping weight on right
- 15&16 Step left back, step right next to left, step left forward (left coaster step)

CROSS ROCK, STEP ¼ TURNS, STEP, CROSS CHA-CHA

- 17 Cross rock step with right
- 18 Recover on left
- 19 Step right making ¼ turn to the right
- 20 Step left making ¼ turn to the right
- 21 Recover on right
- 22-24 Cross left over right, step right, cross left over right

MODIFIED BOX STEP CHA-CHAS

- 25 Step right to right side
- 26 Slide left next to right
- 27&28 Shuffle forward right, left, right
- 29 Step left to left side
- 30 Touch right next to left
- 31&32 Shuffle back, right, left, right

REPEAT
